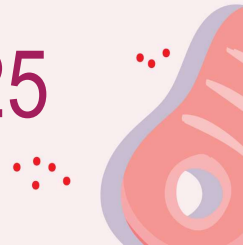




COAST

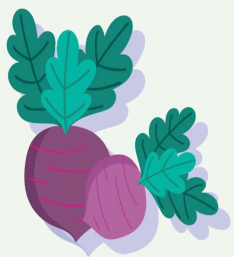
April 2025



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Bowtie Lasagna Whole Kernel Corn Green Beans Dinner Roll Marble Cake Milk Margarine	2 Chicken Tenders Garlic Whipped Potatoes Brussels Sprouts Dinner Roll Chocolate Swirl Pudding Milk BBQ Sauce	3 Salisbury Steak Northern Beans Parslied Carrots Wheat Bread Seasonal Fruit Chocolate Milk Margarine	4 ~Lenten Meal~ Shrimp Etouffee Steamed Rice Herbed Green Peas 100% Fruit Juice Wheat Bread White Cake Milk Margarine
	7 Meatloaf Brown Gravy Lima Beans Sliced Carrots Dinner Roll Seasonal Fruit Milk Margarine	9 Beef Patty Baked Beans Lettuce Tomato Hamburger Bun Hot Cinnamon Applesauce Chocolate Milk Ketchup	10 Sliced Ham Baked Sweet Potato Cabbage Cornbread Chocolate Pudding Milk Margarine	11 ~Lenten Meal~ Seafood Fettuccini Brussels Sprouts Mixed Vegetables Dinner Roll Lemon Cake Milk Margarine
14 Smoked Sausage Red Kidney Beans Parslied Rice Spring Vegetables Wheat Bread Seasonal Fruit Milk Margarine	15 Chicken Tenders Garlic Whipped Potatoes Glazed Carrots Wheat Bread Marble Cake Milk Margarine Ketchup	16 Bowtie Lasagna Whole Kernel Corn Green Beans Texas Bread Seasonal Fruit Milk Margarine	17 ~Easter Meal~ Sliced Turkey Breast Poultry Gravy Buttermilk Potatoes Broccoli Florets Dinner Roll Carrot Cake Milk Margarine	18 Closed for Holiday
21 Salisbury Beef Brown Gravy Northern Beans Sliced Carrots Wheat Bread Seasonal Fruit Milk Margarine	22 Cheese Omelet Sausage Patty O'Brien Potatoes 100% Fruit Juice Biscuit Graham Crackers Chocolate Milk Margarine	23 Chicken & Sausage Gumbo Steamed Rice Potato Salad 100% Fruit Juice Saltine Crackers Bread Pudding Milk	24 Glazed Ham Black-eyed Peas Cabbage Cornbread Chocolate Swirl Pudding Milk Margarine	25 ~Birthday Meal~ Meatballs w/Spaghetti Sauce Spaghetti Noodles Green Beans 100% Fruit Juice Wheat Bread Birthday Cake Milk Margarine
28 Smoked Sausage Red Kidney Beans Parslied Rice Broccoli Florets Wheat Bread Rice Krispie Treat Milk Margarine	29 Baked Meatballs Brown Gravy Delmonico Potatoes Green Beans Wheat Bread Seasonal Fruit Milk Margarine	30 Taco Meat Lettuce Tomato Pinto Beans Whole Kernel Corn Flour Tortilla Seasonal Fruit Milk Taco Sauce		

Kim Dommert RD, LD

Kim Dommert, RD, LD



COAST

May 2025



Monday	Tuesday	Wednesday	Thursday	Friday
 Nourishment through compassionate care.			1	2
			Sliced Turkey Breast Poultry Gravy Ranch Potatoes Green Peas Dinner Roll Mississippi Mud Pudding Milk Margarine	Chicken & Sausage Jambalaya Parslied Carrots Brussels Sprouts Wheat Bread Seasonal Fruit Milk Margarine
	5	6	7	8
	Meatloaf Brown Gravy Lima Beans Sliced Carrots Dinner Roll Seasonal Fruit Milk Margarine	BBQ Chicken Mashed Red Potatoes Creole Green Beans Texas Bread Seasonal Fruit Milk Margarine	Beef Patty Baked Beans Lettuce Tomato Hamburger Bun Hot Cinnamon Applesauce Chocolate Milk Ketchup	~Mother's Day Meal~ Baked Chicken Poultry Gravy Twice Whipped Potatoes Broccoli Florets Texas Bread Strawberry Cake Milk Margarine
12	13	14	15	16
Smoked Sausage Red Kidney Beans Parslied Rice Spring Vegetables Wheat Bread Seasonal Fruit Milk Margarine	Chicken Tenders Garlic Whipped Potatoes Glazed Carrots Wheat Bread Marble Cake Milk Margarine Ketchup	Bowtie Lasagna Whole Kernel Corn Green Beans Texas Bread Seasonal Fruit Milk Margarine	Pork Roast Brown Gravy Parslied Rice Spinach 100% Fruit Juice Cornbread Fudge Creme Cookie Milk	BBQ Riblet Baked Beans Broccoli Florets Hamburger Bun Seasonal Fruit Milk
19	20	21	22	23
Salisbury Beef Brown Gravy Northern Beans Sliced Carrots Wheat Bread Seasonal Fruit Milk Margarine	Cheese Omelet Sausage Patty O'Brien Potatoes 100% Fruit Juice Biscuit Graham Crackers Chocolate Milk Margarine	Chicken & Sausage Gumbo Steamed Rice Potato Salad 100% Fruit Juice Saltine Crackers Bread Pudding Milk	Glazed Ham Black-eyed Peas Cabbage Cornbread Chocolate Swirl Pudding Milk Margarine	~Memorial Day Meal~ Beef Frank Hot Dog Chili Hashbrown Casserole Ranch Beans Hot Dog Bun Birthday Cake Milk Mustard
26	27	28	29	30
Closed for Holiday	Baked Meatballs Brown Gravy Delmonico Potatoes Green Beans Wheat Bread Seasonal Fruit Milk Margarine	Taco Meat Lettuce Tomato Pinto Beans Whole Kernel Corn Flour Tortilla Seasonal Fruit Milk Taco Sauce	Sliced Turkey Breast Poultry Gravy Ranch Potatoes Green Peas Dinner Roll Mississippi Mud Pudding Milk Margarine	Chicken & Sausage Jambalaya Parslied Carrots Brussels Sprouts Wheat Bread Seasonal Fruit Milk Margarine

Kim Dommert RD, LD

June 2025

COAST



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Meatloaf Brown Gravy Lima Beans Sliced Carrots Dinner Roll Seasonal Fruit Milk Margarine	BBQ Chicken Mashed Red Potatoes Creole Green Beans Texas Bread Seasonal Fruit Milk Margarine	Beef Patty Baked Beans Lettuce Tomato Hamburger Bun Hot Cinnamon Applesauce Chocolate Milk Ketchup	Sliced Ham Baked Sweet Potato Cabbage Cornbread Chocolate Pudding Milk Margarine	Chicken Chef Salad Cucumber Salad Broccoli Salad Saltine Crackers Cinnamon Cake Milk Salad Dressing
9	10	11	12	13
Smoked Sausage Red Kidney Beans Parslied Rice Spring Vegetables Wheat Bread Seasonal Fruit Milk Margarine	Chicken Tenders Garlic Whipped Potatoes Glazed Carrots Wheat Bread Marble Cake Milk Margarine Ketchup	Bowtie Lasagna Whole Kernel Corn Green Beans Texas Bread Seasonal Fruit Milk Margarine	Pork Roast Brown Gravy Parslied Rice Spinach 100% Fruit Juice Cornbread Fudge Creme Cookie Milk	~Father's Day Meal~ Baked Chicken Poultry Gravy Chunky Potatoes Winter Vegetables Dinner Roll Devil's Food Cake Milk Margarine
16	17	18	19	20
Salisbury Beef Brown Gravy Northern Beans Sliced Carrots Wheat Bread Seasonal Fruit Milk Margarine	Cheese Omelet Sausage Patty O'Brien Potatoes 100% Fruit Juice Biscuit Graham Crackers Chocolate Milk Margarine	Chicken & Sausage Gumbo Steamed Rice Potato Salad 100% Fruit Juice Saltine Crackers Bread Pudding Milk	Glazed Ham Black-eyed Peas Cabbage Cornbread Chocolate Swirl Pudding Milk Margarine	Meatballs w/Spaghetti Sauce Spaghetti Noodles Green Beans 100% Fruit Juice Wheat Bread Seasonal Fruit Milk Margarine
23	24	25	26	27
Smoked Sausage Red Kidney Beans Parslied Rice Broccoli Florets Wheat Bread Rice Krispie Treat Milk Margarine	Baked Meatballs Brown Gravy Delmonico Potatoes Green Beans Wheat Bread Seasonal Fruit Milk Margarine	Taco Meat Lettuce Tomato Pinto Beans Whole Kernel Corn Flour Tortilla Seasonal Fruit Milk Taco Sauce	Sliced Turkey Breast Poultry Gravy Ranch Potatoes Green Peas Dinner Roll Mississippi Mud Pudding Milk Margarine	~Birthday Meal~ Chicken & Sausage Jambalaya Parslied Carrots Brussels Sprouts Wheat Bread Birthday Cake Milk Margarine
30				
Meatloaf Brown Gravy Lima Beans Sliced Carrots Dinner Roll Seasonal Fruit Milk Margarine				 <p>TRIO Community Meals</p> <p>Nourishment through compassionate care.</p>

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