September Lacombe Center



Monday	Tuesday	Wednesday	Thursday	Friday
******** WE ARE CLOSED for Labor Day!	8:00 Coffee and Conversations 10:00 Bingo W/ Loretta	8:45 Strength & Balance 10:30 Strength & Balance	9:00 Wellness 10:15 Presentation W/ Senior Medicare Patrol	8:00 Coffee and Conversations 10:30 Strength & Balance
8 8:00 Coffee and Conversations 10:30 Strength & Balance	8:00 Coffee and Conversations 10:00 Presentation & Bingo W/ AT&T	8:00 Coffee and Conversations 10:30 Strength & Balance	9:00 Wellness	8:00 Coffee and Conversations 10:30 Strength & Balance
8:00 Coffee and Conversations 10:30 Strength & Balance	8:00 Coffee and Conversations 10:00 Mobile Library W/ St. Tammany Public Library	8:00 Coffee and Conversations 10:30 Strength & Balance	8:00 Coffee and Conversations 10:00 Bingo W/ St. Joseph Hospice	9:30 Monthly Birthday celebration W/ Home Instead 10:00 Tailgating Party! 10:30 Strength & Balance
8:00 Coffee and Conversations 10:30 Strength & Balance	8:00 Coffee and Conversations 10:00 Bingo W/ Aetna	8:00 Coffee and Conversations 9:30 Fall Prevention Presentation 10:30 Strength & Balance	8:00 Coffee and Conversations 10:00 Bingo W/ Ochsner	26 8:00 Coffee and Conversations 10:30 Strength & Balance
8:00 Coffee and Conversations 10:30 Strength & Balance	8:00 Coffee and Conversations 10:00 Stretch Your Grocery Dollar Presentation W/ Humana			

Activity Center Manager: Scherell Thompson
Monday – Friday 9am - 1:45pm
985-218-9340

61720 HWY 434 | Lacombe, LA 70445 Lunch Served Daily: 11:00am

Lunch must be pre-registered the day before by 9:00



COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.