

June Covington Activity Center

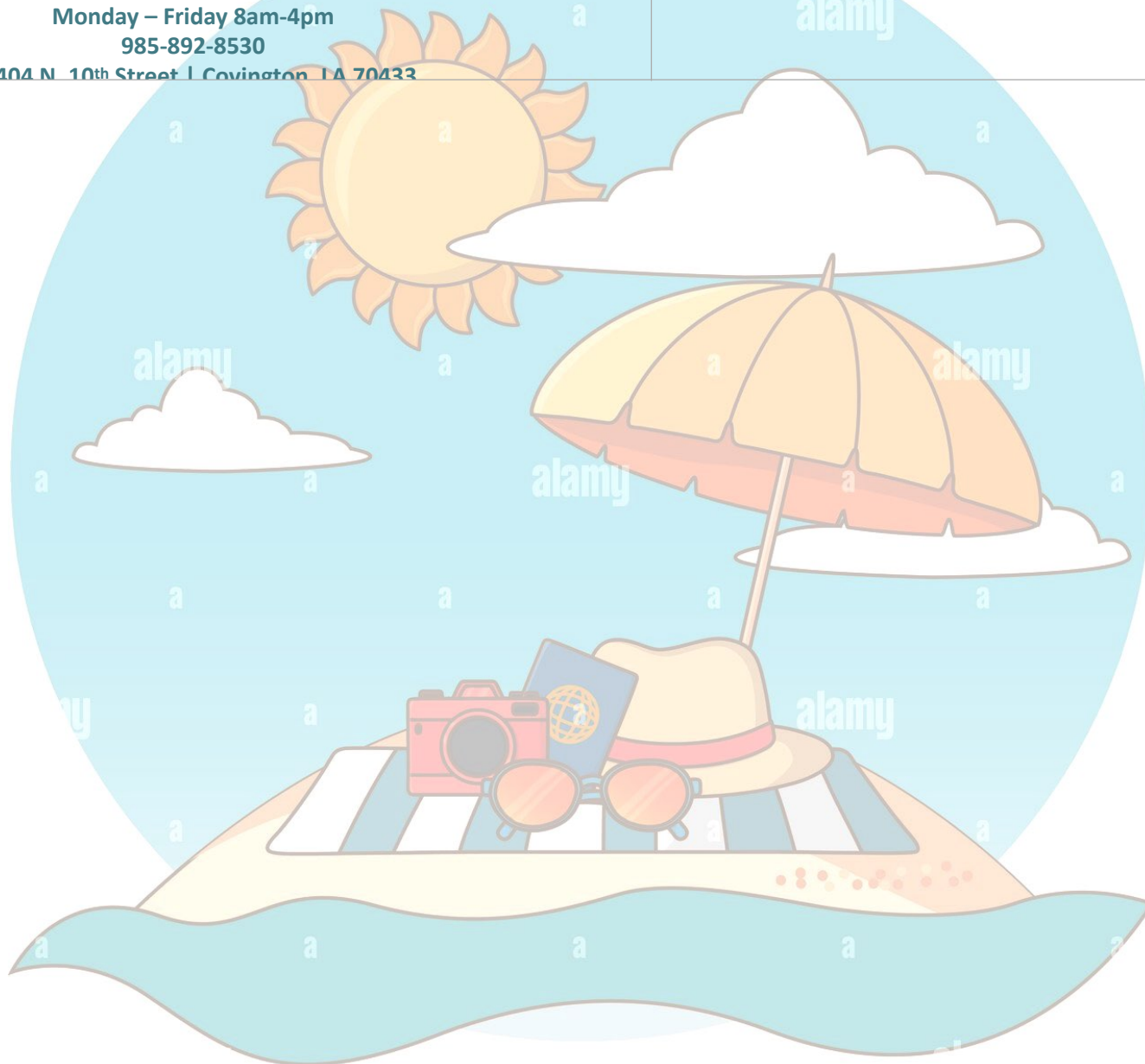
Monday	Tuesday	Wednesday	Thursday	Friday
2 9:00 Coffee & Conversation 9:30 – 10:30 Chair Yoga 10:30 Exercise 10:30 – 12:00 Bridge	3 9:00 Coffee & Conversation 9:30 – 10:15 Bingo w/ People's Health 9:30 – 10:30 Painting with Ferris	4 9:00 Coffee & Conversation 10:30 Exercise	5 9:00 Coffee & Conversation 9:30 – 10:15 Bingo 9:30 – 10:30 Chair Yoga	6 9:00 Coffee & Conversation 9:00 – 10:15 Bean Bag Baseball 10:30 – 12:00 Bridge 10:30 Exercise 12:00 LINE DANCING
9 9:00 Coffee & Conversation 9:30 – 10:30 Chair Yoga 10:30 Exercise 10:30 – 12:00 Bridge	10 9:00 Coffee & Conversation 9:30 – 10:30 Bingo with Humana	11 9:00 Coffee & Conversation 10:30 Exercise	12 9:00 Coffee & Conversation 9:30 – 10:15 Bingo 9:30 – 10:30 Chair Yoga	13 9:00 Coffee & Conversation 9:00 – 10:15 Bean Bag Baseball 10:30 Exercise 10:30 – 12:00 Bridge 12:00 LINE DANCING
16 9:00 Coffee & Conversation 9:30 – 10:30 Chair Yoga 10:30 Exercise 10:30 – 12:00 Bridge	17 9:00 Coffee & Conversation 9:30 – 10:15 Bingo 9:30 – 10:30 Painting with Ferris 10:00 and Mary	18 9:00 Coffee & Conversation 9:30 Games with Friends 10:30 Exercise	19 Center Closed	20 9:00 Coffee & Conversation 9:00 – 10:15 Bean Bag Baseball 10:30 Exercise 10:30 – 12:00 Bridge 12:00 LINE DANCING
23 9:00 Coffee & Conversation 9:30 – 10:30 Chair Yoga 10:30 Exercise 10:30 – 12:00 Bridge	24 9:00 Coffee & Conversation 9:00 SADD Presentation 9:30 – 10:15 Bingo	25 9:00 Coffee & Conversation 10:30 Exercise	26 9:00 Coffee & Conversation 9:30 – 10:30 Chair Yoga 9:30 – 10:15 Bingo 9:30 St Tammany Parish	27 9:00 Coffee & Conversation 9:00 – 10:15 Bean Bag Baseball 10:30 Exercise 10:30 – 12:00 Bridge
30 9:00 Coffee & Conversation 9:30 – 10:30 Chair Yoga 10:30 Exercise 10:30 – 12:00 Bridge				

Activity Center Manager:
Manager:
Angela Bickham

Monday – Friday 8am-4pm
985-892-8530
19404 N. 10th Street | Covington, LA 70433

Activity Site
Starr Wilson

Lunch Served Daily: 11:30am



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www.alamy.com

