



COUNCIL ON AGING ST. TAMMANY

June 26, 2025

ANNUAL REPORT

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FISCAL YEAR 2024-2025

Our Mission

COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, well-being, independence, and involvement in the community.



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About Us

The St. Tammany Council on Aging is a private, nonprofit corporation serving St. Tammany Parish residents age 60 and older. Most services are offered at no cost but donations are accepted and greatly appreciated. The agency does not discriminate on the basis of race, color, national origin, sex, religion, age, disability, genetic information, veteran status, sexual orientation, gender identity, or any other status protected by law in either employment or service provision. COAST serves as the Area Agency on Aging for St. Tammany Parish. COAST is a registered trade name of the St. Tammany Council on Aging.



Photo courtesy of Matthew Dobbins and the St. Tammany Farmer



Board of Directors

The COAST Board of Directors provides strategic leadership, oversight, and governance for the agency. The board ensures that COAST remains focused on its mission to support St. Tammany Parish seniors by guiding policy and maintaining accountability. Board members bring diverse expertise to help shape the agency's direction, ensure financial sustainability, and strengthen community partnerships.

The COAST Board of Directors holds regular monthly meetings on the fourth Thursday of every month. Meetings are generally held at the COAST Covington Activity Center at 19404 N. 10th Street, Covington, LA 70433.

Board members are elected for one three (3) year term, with terms staggered and 1/3 of the terms being elected each year. Each director may serve no more than two (2) consecutive terms. All officer terms shall be for one (1) year. Each officer may serve no more than two (2) consecutive terms in the same office. Board members are assigned to six (6) standing committees: Executive, Board Development, Personnel, Finance, Title III Services, and Resource Development.

President - Joyce Donohue
Vice President - Martin Lapari
Secretary - Janice Roussel
Treasurer - Kelly Walgamotte
Conie Abernathy
Jamie Gabourel
Al Hamauei
Kimberly Henry
Jackie Landry
Bruce Margetson
Amanda Mason
Marcus Wallace
Scott Wallace
Kandise Wilson
Marie A. Wright

Leadership Staff

Our leadership team is united by a shared commitment to enhancing the lives of seniors across St. Tammany Parish. Their vision and dedication guide COAST's mission every day.

- ◆ **Executive Director - Amy Kudel**
- ◆ **Client Services Director - Claudia Warner**
- ◆ **Finance Director - Syeda Naeem**
- ◆ **Human Resources Director - David Ray**
(retired February 2025)
- ◆ **Operations Director - George Nicoll**
- ◆ **Transportation Director - Chris Hodge**



Activity Centers

BUSH

81635 Highway 41
985 - 886 - 8971
Site Manager: Tia Alexander

COVINGTON

19404 North 10th Street
985 - 892 - 8530
Center Manager: Angela Bickham
Site Manager: Starr Wilson

FOLSOM

13296 LA 40
985 - 796 - 9803
Center Manager: Cheryl LeBoeuf
Site Manager: Ronald Cousin

LACOMBE

61720 Highway 434
985 - 218 - 9340
Site Manager: Schrell Thompson

MADISONVILLE

403 St. Francis Street
985 - 323 - 6055
Site Manager: Jackie Bickham

MANDEVILLE

3090 East Causeway Approach
985 - 624 - 4629
Site Manager: Cathy Ferrer

PEARL RIVER

39443 Highway 41 Spur
985 - 863 - 2540
Site Manager: Tina Adelfio

SLIDELL

610 Cousin Street
985 - 641 - 1852
Center Manager: Deborah Hoard
Site Manager: Lynn Farrar



What's New at COAST



COAST has made meaningful progress in expanding services and spaces to better support older adults across St. Tammany Parish. A key milestone is the opening of two new facilities in Lacombe: the Lacombe Activity Center and an adjacent transportation hub. In partnership with the St. Tammany Parish Government, through the STAR Transit program, the hub provides curb-to-curb, demand-response service to help seniors get to appointments, run errands, and stay socially connected. Next door, the new Lacombe Activity Center offers a welcoming space for programs, meals, and community life.

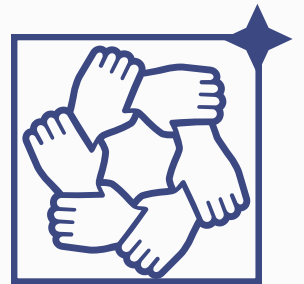
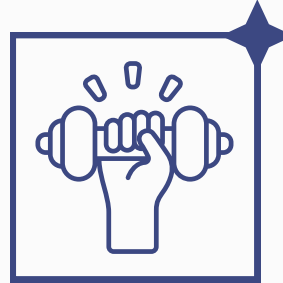
In Bush, and with the valued support of the St. Tammany Parish Sheriff's Office, COAST transformed a former substation into the new home of the Bush Activity Center—now a warm, lively place for meals, activities, and social connection.

We're also proud to partner with the St. Tammany Parish Library, which recently expanded its outreach to offer mobile library services and homebound delivery, bringing books and enrichment directly to our seniors and activity centers.

Thank you to the residents, leaders, and partners across St. Tammany Parish—including the Parish Government, the Sheriff's Office, the Library, and the cities, towns, and villages that welcome and support us. Your partnership allows COAST to serve older adults in eight community-based centers and in their homes—strengthening the impact we make together.

Services

COAST provides vital services that support the independence, dignity, and well-being of seniors across St. Tammany Parish. From accessible transportation and nutrition programs to wellness activities and caregiver support, COAST helps older adults stay active, connected, and engaged in their communities.



8%

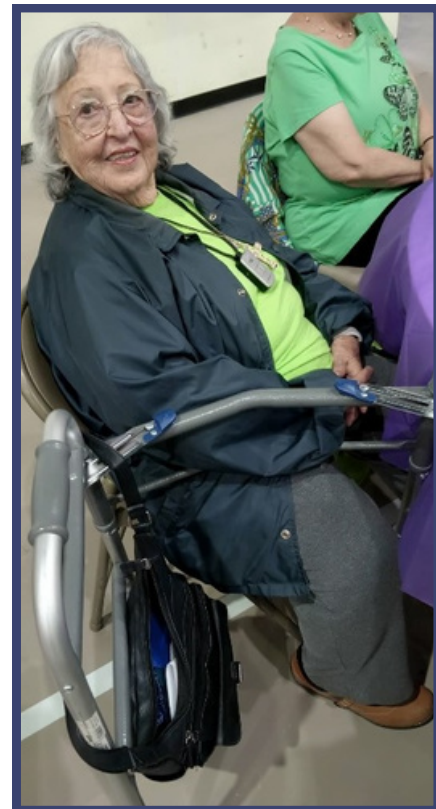
**Increase in Clients Served
year over year**

3%

**Increase in Units Provided
year over year**



Photos above courtesy of Matthew Dobbins and the *St. Tammany Farmer*.



Direct Services

COAST directly provides the following services designed to promote independence and quality of life.

◆ **Congregate Meals**

Provision with a meal that complies with the Dietary Guidelines for Americans (published by the Secretaries of the Department of Health and Human Services and the United States Department of Agriculture) to an eligible client at a designated nutrition site, activity center, or other congregate setting.

◆ **Health Promotion and Disease Prevention (HPDP)**

Evidence-based measurable programs/activities aimed at preventing and reducing the impacts of chronic disease, promoting alcohol and substance abuse reduction, supporting smoking cessation, facilitating weight management, enhancing stress management, preventing falls, and encouraging physical activity and improved nutrition.

◆ **Home Delivered Meals**

Provision to an eligible homebound client at the client's residence a meal that complies with the Dietary Guidelines for Americans (published by the Secretaries of the Department of Health and Human Services and the United States Department of Agriculture).

◆ **Homemaker**

Provision of essential assistance with light household tasks to homebound clients who are unable to perform duties. This service is specifically provided to elderly individuals with no other means of support.

◆ **Home Repair**

Provision of minor home repairs and structural modifications such as ramps, handrails, porch repairs, and door locks to help older individuals maintain their residences, adapt to mobility needs, or prevent unlawful entry.

◆ **Information and Assistance (I & A)**

A service that assesses the problems and capacities of the individuals and links the individuals to available opportunities and services within their communities.

◆ **Material Aid (includes NFCSP¹)**

Distributing essential goods such as walkers, wheelchairs, fans, commodities, and personal hygiene items.

◆ **NFCSP Case Management**

Assistance to access and/or care coordination for older adults and their caregivers who are experiencing diminishing functioning capacities. Includes assessing needs, developing care plans, authorizing services, and follow-up.

◆ **NFCSP Information & Assistance**

A service for older individuals or their caregivers that assesses the problems and capacities of the individuals and links the individuals to available opportunities and services within their communities.

◆ **Outreach**

Interventions initiated for the purpose of identifying potential clients (or their caregivers) and encouraging their use of existing services and benefits.

◆ **Transportation**

As part of the St. Tammany Parish STAR transit system, COAST provides free transportation services to the senior community Monday - Friday (except holidays) from 7:00AM - 5:00PM. Each vehicle is handicapped accessible and lift equipped. The transportation service is a curb-to-curb, demand response service to individuals 60 and above.

◆ **Utility Assistance**

Need-based financial assistance with utility expenses.

¹ NFCSP is the National Family Caregiver Support Program.

Subcontracted Services

In addition to its direct offerings, COAST partners with trusted community providers to deliver the following specialized services.

◆ **Chore**

Provides assistance to clients who have difficulty maintaining their lawn, ensuring accessibility, safety, and upkeep of their outdoor spaces. This service is provided to COAST by Green Seasons, LLC.

◆ **Legal Assistance**

Provides clients with legal consultation and assistance on non-criminal matters. This service is provided by Southeast Louisiana Legal Services.

◆ **Medical Alert**

Provides an Emergency Response System to homebound individuals who live alone and may be in danger of falling and being unable to get to the phone. Availability of this service is based on need, and a small monthly charge may apply in some cases. This service is provided to COAST by Acadian On Call.

◆ **NFCSP In-Home Respite**

Personal care services provided in the home of the qualifying individuals in order to provide a brief period of rest for the client. This service is provided to COAST by Right at Home and Visiting Angels.

◆ **NFCSP Public Education and Support Groups**

A group of clients who meet together for fellowship and to share their experiences, strengths, hopes, and difficulties so that they may solve common problems and help fellow caregivers. This service is facilitated by Care Partner Mentoring, LLC.

◆ **Nutrition Counseling and Education**

Nutrition counseling provides one-on-one counseling to individuals who may be at high nutritional risk. Nutrition education may be provided to an individual or in a group setting. This service is provided to COAST by Judith Roberts, LLC.

◆ **Personal Care**

Provides personal assistance to clients with the inability to perform one or more of the following activities of daily living: eating, dressing, bathing, toileting, transferring in and out of bed/chair, or walking. This service is provided to COAST by Right at Home and Visiting Angels.

◆ **TANS Family Care**

Provides up to eight weeks of Temporary Assistance to Needy Seniors.

◆ **Wellness**

Provides activities designed to support and/or improve the clients' mental and/or physical well-being. This service is provided by YMCA-West St. Tammany, NAMI St. Tammany, and Personal Trainers Melissa Behrens and Jamyne Thomas.

Program Services Impact

Service Provided	Clients Served as of 4/30/2025	Units Provided as of 4/30/2025
Home Delivered Meals	657	85,425
Congregate Meals	874	45,040
Transportation ¹	505	21,974
Wellness ²	648	17,175
Health Promotion and Disease Prevention	253	8,049
Homemaker	182	3,282
Information and Assistance ³	2,051	2,074
Personal Care	30	1,585
NFCSP In-Home Respite	15	1,435
Chore	44	874
Material Aid ³	539	810
Medical Alert	100	809
TANS Family Care	7	223
Legal Assistance	N/A	207
Utility Assistance	59	155
Home Repair	33	145
NFCSP Case Management	120	143
NFCSP Public Education	N/A	75
NFCSP Support Group	N/A	43
Outreach	31	31
Nutrition Counseling	22	23
Nutrition Education	151	23
Total Clients Served ⁴	2,613	
Total Units Provided		189,600

1 Reflects only the transportation services provided to COAST clients.

2 Includes Wellness IIIIB, Mental Health Care, and Recreation.

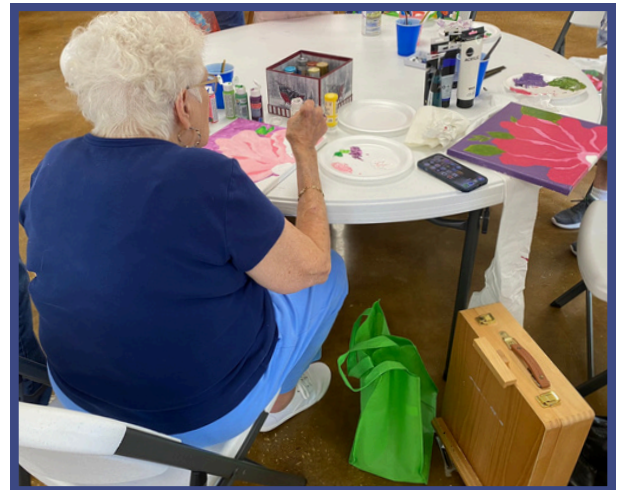
3 Includes units provided through NFCSP.

4 Some clients receive multiple services; therefore, the figures will not sum to the total.





Photos above courtesy of Matthew Dobbins and the *St. Tammany Farmer*.





Financial Report

Fiscal Year 2024 - 2025
Actual revenue and expenses
for the period,
July 1, 2024 through April 30, 2025

Revenues

St. Tammany Parish	\$1,223,417
GOEA	1,476,884
Program Income	5,289
Property Tax	2,409,953
Utility Assistance	1,805
Miscellaneous	52,308

Total Revenues

\$5,169,656

Expenses

Salaries	\$2,088,870
Fringe Benefits	544,667
Travel/Mileage	32,235
Operating Services	1,363,311
Operating Supplies	262,492
Other Expenses	113,269
Non-GOEA Services	129,251

Total Expenses

\$4,534,095

Revenues Less Expenses

\$635,561

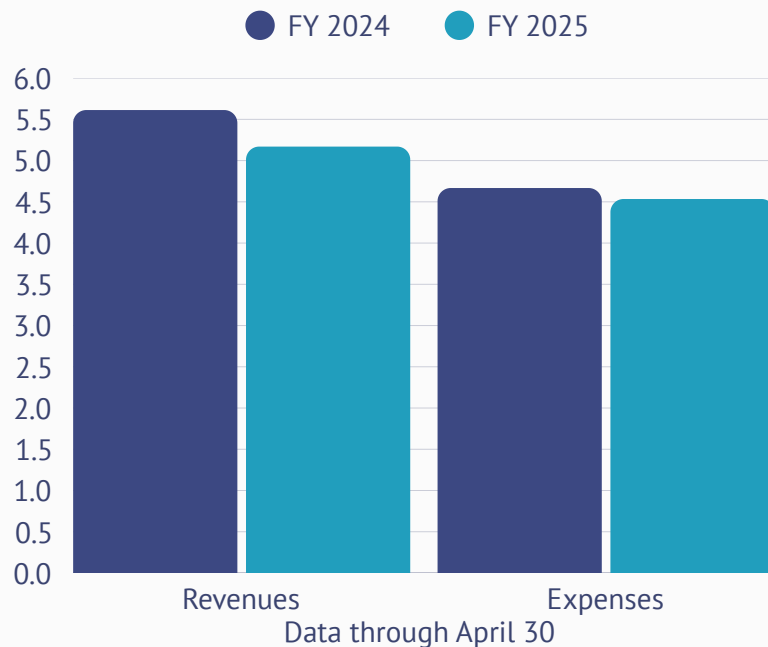




Photo courtesy of Matthew Dobbins
and the *St. Tammany Farmer*

For over five decades, you've trusted us to serve and support our community. Thank you for the opportunity to make a difference—yesterday, today, and tomorrow!

Contact Details:

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