



2025

# Pearl River Activity Center

| Monday                                                                                                   | Tuesday                                                                                              | Wednesday                                                                                          | Thursday                                                                                                                                                | Friday                                                          |
|----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|
|                          |                                                                                                      | 1                                                                                                  | 2<br><b>Center Closed for Resource Fest at the Castine Center</b><br> | 3<br>8:30<br>Coffee & Conversation<br>9:30<br>Games W/ Friends  |
| 6<br>8:30<br>Coffee & Conversation<br>10:00<br><b>Presentation W/ Pearl River Fire Department</b>        | 7<br>8:30<br>Coffee & Conversation<br>9:30<br><b>Active Aging Presentations</b><br>10:30<br>Wellness | 8<br>8:30<br>Coffee & Conversation<br>10:00<br><b>Mobile Library W/ St. Tammany Public Library</b> | 9<br>8:30<br>Coffee & Conversation<br>9:00<br><b>Bingo W/ St. Joseph Hospice</b><br>10:30<br>Wellness                                                   | 10<br>8:30<br>Coffee & Conversation<br>9:30<br>Games W/ Friends |
| 13<br>8:30<br>Coffee & Conversation<br>9:30<br><b>Presentation &amp; Bingo W/ Senior Medicare Patrol</b> | 14<br>8:30<br>Coffee & Conversation<br>10:30<br>Wellness                                             | 15<br>8:30<br>Coffee & Conversation<br>9:30<br><b>Presentation W/ Humana</b>                       | 16<br>8:30<br>Coffee & Conversation<br>9:00<br>Bingo<br>10:30<br>Wellness                                                                               | 17<br>8:30<br>Coffee & Conversation<br>9:30<br>Games W/ Friends |
| 20<br>8:30<br>Coffee & Conversation<br>9:30<br><b>Presentation W/ Pelican Credit Union</b>               | 21<br>8:30<br>Coffee & Conversation<br>10:30<br>Wellness                                             | 22<br>8:30<br>Coffee & Conversation<br>9:30<br><b>Beanbag Baseball W/ Valena</b>                   | 23<br>8:30<br>Coffee & Conversation<br>9:00<br><b>Bingo W/ Eagen hospice</b><br>10:30<br>Wellness                                                       | 24<br>8:30<br>Coffee & Conversation<br>9:30<br>Games W/ Friends |
| 27<br>8:30<br>Coffee & Conversation<br>9:30<br>Games W/ Friends                                          | 28<br>8:30<br>Coffee & Conversation<br>10:30<br>Wellness                                             | 29<br>8:30<br>Coffee & Conversation<br>9:30<br><b>Craft W/ Valena</b>                              | 30<br>8:30<br>Coffee & Conversation<br>9:00<br><b>Bingo W/ Summerfield</b><br>10:30<br>Wellness                                                         | 31<br>8:30<br>Coffee & Conversation<br>9:30<br>Games W/ Friends |

**Activity Center Manager: Tina Adelfio**  
**Monday – Thursday 8 am-2 pm | Friday – 8 am – 1 pm**  
**985-863-2540**  
**39443 Highway 41 Spur | Pearl River**  
**Lunch Served Daily: 11:00am**  
**Lunch must be pre-registered the day before by 8:30**

COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.

Website: [www.coastseniors.org](http://www.coastseniors.org)  
 Phone: 985-892-0377