



2025

Lacombe Activity Center

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 Center Closed for Resource Fest at the Castine Center 	3 8:30 Coffee & Conversation 10:30 Strength & Balance
6 8:30 Coffee & Conversation 10:30 Strength & Balance	7 8:30 Coffee & Conversation 10:00 Bingo W/ Loretta	8 8:30 Coffee & Conversation 10:30 Strength & Balance	9 8:30 Coffee & Conversation 10:00 Bingo W/ Summerfield	10 8:30 Coffee & Conversation 10:30 Strength & Balance
13 8:30 Coffee & Conversation 10:30 Strength & Balance	14 8:30 Coffee & Conversation 9:30 Games W/ Friends	15 8:30 Coffee & Conversation 10:30 Strength & Balance	16 8:30 Coffee & Conversation 10:00 Bingo W/ St. Joseph Hospice	17 8:30 Coffee & Conversation 10:30 Strength & Balance
20 8:30 Coffee & Conversation 10:30 Strength & Balance 10:00 Active Aging Presentations	21 8:30 Coffee & Conversation 10:00 Mobile Library W/ St. Tammany Public Library	22 8:30 Coffee & Conversation 10:30 Strength & Balance	23 8:30 Coffee & Conversation 10:00 Presentation & Bingo W/ Senior Medicare Patrol	24 8:30 Coffee & Conversation 9:30 Monthly Birthday celebration W/ Home Instead 10:30 Strength & Balance
27 8:30 Coffee & Conversation 10:30 Strength & Balance	28 8:30 Coffee & Conversation 10:00 Presentation W/ Humana	29 8:30 Coffee & Conversation 10:30 Strength & Balance	30 8:30 Coffee & Conversation 9:30 Games W/ Friends	31 8:30 Coffee & Conversation 10:30 Strength & Balance

Activity Center Manager: Scherell Thompson

Monday – Friday 9am - 1:45pm

985-218-9340

61720 HWY 434 | Lacombe, LA 70445

Lunch Served Daily: 11:00am

Lunch must be pre-registered the day before by 9:00

COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.

Website: www.coastseniors.org

Phone: 985-892-0377