

COAST

July 2025



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
TRIO Community Meals Nourishment through compassionate care.	BBQ Chicken Mashed Red Potatoes Creole Green Beans Texas Bread Seasonal Fruit Milk Margarine	Beef Patty Lettuce Tomato Baked Beans Hamburger Bun Hot Cinnamon Applesauce Chocolate Milk Ketchup	"July 4th Meal" Beef Frank Delmonico Potatoes Glazed Carrots Hot Dog Bun Strawberry Cake Milk Mustard Ketchup	Closed for Holiday
7	8	9	10	11
Smoked Sausage Red Kidney Beans Steamed Rice Herbed Green Beans Dinner Roll Seasonal Fruit Milk Margarine	Sloppy Joe Mashed Red Potatoes Spring Vegetables Hamburger Bun White Cake Milk Margarine	Baked Chicken Breast Poultry Gravy Cabbage Glazed Carrots Dinner Roll Mississippi Mud Pudding Milk Margarine	Bowtie Lasagna Herbed Green Peas Whole Kernel Corn Garlic Texas Bread Applesauce Milk	BBQ Riblet Baked Sweet Potato Broccoli Florets Wheat Bread Seasonal Fruit Milk Margarine
14	15	16	17	18
Chicken Tenders Lima Beans Parslied Carrots Dinner Roll Mandarin Oranges Milk Ketchup	Meatballs w/Spaghetti Sauce Spaghetti Noodles Green Beans 100% Fruit Juice Breadstick Rice Krispie Treat Milk	Glazed Ham Cheesy Whipped Potatoes Broccoli Florets Dinner Roll Carrot Cake Milk Margarine	Chicken & Sausage Gumbo Steamed Rice Whole Kernel Corn 100% Fruit Juice Saltine Crackers Banana Moon Pie Chocolate Milk Margarine	Pork Roast Brown Gravy Black-eyed Peas Mixed Greens Cornbread Seasonal Fruit Milk Margarine
21	22	23		25
Smoked Sausage Red Kidney Beans Steamed Rice Broccoli Florets Wheat Bread Seasonal Fruit Milk Margarine	Hamburger Steak Brown Gravy Delmonico Potatoes Garden Vegetables Dinner Roll Pineapple Tidbits Milk Margarine	Chicken Chef Salad Cucumber Tomato Salad Fruit Salad Saltine Crackers Marble Cake Milk Salad Dressing	Smothered Meatballs Garlic Whipped Potatoes Green Beans Wheat Bread Seasonal Fruit Milk Margarine	~Birthday Meal~ Ham & White Beans Whole Kernel Corn Cabbage Texas Bread Birthday Cake Milk Margarine
Meatloaf	Chicken & Sausage Jambalaya	Cheese Omelet	Beef Patty	
Tomato Gravy Whipped Potatoes Glazed Carrots Dinner Roll Seasonal Fruit Milk Margarine	Whole Kernel Corn Brussels Sprouts Wheat Bread Spice Cake Milk Margarine	Sliced Ham O'Brien Potatoes 100% Fruit Juice Biscuit Graham Crackers Milk Margarine	Lettuce Tomato Ranch Beans Hamburger Bun Hot Mixed Fruit Chocolate Milk Ketchup	



Margarine

COAST

August 2025



Ketchup | Relish

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Baked Chicken
				Poultry Gravy
TRIO				Ranch Potatoes
				Green Beans
Community Meals				Wheat Bread
Nourishment through				Seasonal Fruit
compassionate care.				Milk
•				Margarine
4	5	6	7	8
Smoked Sausage	Sloppy Joe	Baked Chicken Breast	Bowtie Lasagna	BBQ Riblet
Red Kidney Beans	Mashed Red Potatoes	Poultry Gravy	Herbed Green Peas	Baked Sweet Potato
Steamed Rice	Spring Vegetables	Cabbage	Whole Kernel Corn	Broccoli Florets
Herbed Green Beans	Hamburger Bun	Glazed Carrots	Garlic Texas Bread	Wheat Bread
Dinner Roll	White Cake	Dinner Roll	Applesauce	Seasonal Fruit
Seasonal Fruit	Milk	Mississippi Mud Pudding	Milk	Milk
Milk	Margarine	Milk		Margarine
Margarine		Margarine		
11	12	13	14	15
Chicken Tenders	Meatballs w/Spaghetti Sauce	Glazed Ham	Chicken & Sausage Gumbo	Pork Roast
Lima Beans	Spaghetti Noodles	Cheesy Whipped Potatoes	Steamed Rice	Brown Gravy
Parslied Carrots	Green Beans	Broccoli Florets	Whole Kernel Corn	Black-eyed Peas
Dinner Roll	100% Fruit Juice	Dinner Roll	100% Fruit Juice	Mixed Greens
Mandarin Oranges	Breadstick	Carrot Cake	Saltine Crackers	Cornbread
Milk	Rice Krispie Treat	Milk	Banana Moon Pie	Seasonal Fruit
Ketchup	Milk	Margarine	Chocolate Milk	Milk
			Margarine	Margarine
18	19	20	21	22
Smoked Sausage	Hamburger Steak	Chicken Chef Salad	Smothered Meatballs	~Birthday Meal~
Red Kidney Beans	Brown Gravy	Cucumber Tomato Salad	Garlic Whipped Potatoes	Ham & White Beans
Steamed Rice	Delmonico Potatoes	Fruit Salad	Green Beans	Whole Kernel Corn
Broccoli Florets	Garden Vegetables	Saltine Crackers	Wheat Bread	Cabbage
Wheat Bread	Dinner Roll	Marble Cake	Seasonal Fruit	Texas Bread
Seasonal Fruit	Pineapple Tidbits	Milk	Milk	Birthday Cake
Milk	Milk	Salad Dressing	Margarine	Milk
Margarine 25	Margarine	27	20	Margarine
Meatloaf	26 Chicken & Sausage Jambalaya	Cheese Omelet	28 Beef Patty	29 ~Labor Day Meal~
Tomato Gravy	Whole Kernel Corn	Sliced Ham	Lettuce Tomato	Beef Frank
Whipped Potatoes	Brussels Sprouts	O'Brien Potatoes	Ranch Beans	Hashbrown Casserole
Glazed Carrots	Wheat Bread	100% Fruit Juice	Hamburger Bun	Creole Green Beans
Dinner Roll	Spice Cake	Biscuit	Hot Mixed Fruit	Hot Dog Bun
Seasonal Fruit	Milk	Graham Crackers	Chocolate Milk	Seasonal Fruit
Milk	Margarine	Milk	Ketchup	Milk
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Lin Demmest RD, LD

Margarine





COAST September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1	•	•	111d13day	5
1	Sloppy Joe	Baked Chicken Breast	Bowtie Lasagna	~Summer Grill~
Closed for Holiday	Mashed Red Potatoes	Poultry Gravy	Herbed Green Peas	Cheeseburger
Closed for Hollady	Spring Vegetables	Cabbage	Whole Kernel Corn	Baked Beans
	Hamburger Bun	Glazed Carrots	Garlic Texas Bread	Coleslaw
	White Cake	Dinner Roll	Applesauce	Hamburger Bun
	Milk	Mississippi Mud Pudding	Milk	Mixed Fruit Cobbler
	Margarine	Milk	IVIIIK	Milk
	iviai gariric	Margarine		Ketchup
8	9	10	11	12
Chicken Tenders	Meatballs w/Spaghetti Sauce	Glazed Ham	Chicken & Sausage Gumbo	Pork Roast
Lima Beans	Spaghetti Noodles	Cheesy Whipped Potatoes	Steamed Rice	Brown Gravy
Parslied Carrots	Green Beans	Broccoli Florets	Whole Kernel Corn	Black-eyed Peas
Dinner Roll	100% Fruit Juice	Dinner Roll	100% Fruit Juice	Mixed Greens
Mandarin Oranges	Breadstick	Carrot Cake	Saltine Crackers	Cornbread
Milk	Rice Krispie Treat	Milk	Banana Moon Pie	Seasonal Fruit
Ketchup	Milk	Margarine	Chocolate Milk	Milk
		ga.	Margarine	Margarine
15	16	17	18	19
Smoked Sausage	Hamburger Steak	Chicken Chef Salad	Smothered Meatballs	Ham & White Beans
Red Kidney Beans	Brown Gravy	Cucumber Tomato Salad	Garlic Whipped Potatoes	Whole Kernel Corn
Steamed Rice	Delmonico Potatoes	Fruit Salad	Green Beans	Cabbage
Broccoli Florets	Garden Vegetables	Saltine Crackers	Wheat Bread	Texas Bread
Wheat Bread	Dinner Roll	Marble Cake	Seasonal Fruit	Fudge Cream Cookie
Seasonal Fruit	Pineapple Tidbits	Milk	Milk	Milk
Milk	Milk	Salad Dressing	Margarine	Margarine
Margarine	Margarine			_
22	23	24	25	26
Meatloaf	Chicken & Sausage Jambalaya	Cheese Omelet	Beef Patty	~Birthday Meal~
Tomato Gravy	Whole Kernel Corn	Sliced Ham	Lettuce Tomato	Baked Chicken w/Gravy
Whipped Potatoes	Brussels Sprouts	O'Brien Potatoes	Ranch Beans	Ranch Potatoes
Glazed Carrots	Wheat Bread	100% Fruit Juice	Hamburger Bun	Green Beans
Dinner Roll	Spice Cake	Biscuit	Hot Mixed Fruit	Wheat Bread
Seasonal Fruit	Milk	Graham Crackers	Chocolate Milk	Birthday Cake
Milk	Margarine	Milk	Ketchup	Milk
Margarine		Margarine		Margarine
29				
Smoked Sausage	Sloppy Joe			
Red Kidney Beans	Mashed Red Potatoes			TPIA
Steamed Rice	Spring Vegetables			TRIO
Herbed Green Beans	Hamburger Bun			Community Meals
Dinner Roll	White Cake			——————————————————————————————————————
Seasonal Fruit	Milk			Nourishment through
Milk	Margarine			compassionate care.
Margarine				