

CAREGIVER SUPPORT AND EDUCATION GROUPS

SPONSORED BY COUNCIL ON AGING ST. TAMMANY



COUNCIL ON AGING ST. TAMMANY

ALL SESSIONS ARE FREE

EDUCATION SUPPORT FELLOWSHIP

Attendees do not need to be caregivers

There are “virtual” choices on how you can join us:

1) Dialing on any **phone**: 1-929-436-2866

When asked, the Meeting ID is 980 6739 5749# (after the numbers, hit the # key)

or

2) On your **computer**: <https://zoom.us/j/98067395749>

Note on the computer option: You can listen with computer audio or choose to call in by phone.

or

3) Download the **Zoom App** and enter meeting ID: 980 6739 5749

2023	
Please note the different locations/virtual. Dates are Tuesdays unless stated otherwise.	
<i>September 5th, 6pm (in-person)</i> <i>@ Slidell Sr. Activity Center</i>	<i>October 3rd, 6pm (in-person)</i> <i>@ Slidell Sr. Activity Center</i>
<i>September 12th, 6pm Virtual</i>	<i>October 10th, 6pm Virtual</i>
<i>September 19th, 6pm 6pm (in-person)</i> <i>@ Covington Sr. Activity Center</i>	<i>October 17th, 6pm (in-person)</i> <i>@ Covington Sr. Activity Center</i>
<i>September 26th, 6pm Virtual</i>	<i>October 24th, 6pm Virtual</i> <i>October 31st - No Meeting -</i>

Celebrating over 8 years and over 400 weekly Sessions since April 2015

Thank you for your participation and support!

Groups are facilitated by **Matt Estrade, MA, MBA, Gerontologist**

Questions? Call/text 504-350-8651

Visit http://eepurl.com/gTGG_b

or scan the QR code with a smartphone to join the reminder list:



Physical addresses for In-Person dates:

Slidell Sr. Activity Center, 610 Cousin St., Slidell, LA 70458

Covington Sr. Activity Center, 19404 N. 10th Ave., Covington, LA 70433