COAST April 2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|-------------------------|-----------------------------|---------------------------|-------------------------------|
| 1 | 2 | 3 | 4 | 5 |
| Meatloaf | Baked Chicken | Beef Patty | Sliced Ham | Chicken Chef Salad |
| Brown Gravy | Poultry Gravy | Baked Beans | Oven Roasted Potatoes | Cucumber Tomato Salad |
| Lima Beans | Whipped Potatoes | Lettuce Tomato | Cabbage | Broccoli Raisin Salad |
| Sliced Carrots | Green Beans | Hamburger Bun | Cornbread | Saltine Crackers |
| Texas Bread | Wheat Bread | Hot Mixed Fruit | Chocolate Pudding | Cinnamon Cake |
| Seasonal Fruit | Seasonal Fruit | Chocolate Milk | Milk | Milk |
| Milk | Milk | Ketchup | Margarine | Salad Dressing |
| Margarine | Margarine | | | |
| 8 | 9 | 10 | 11 | 12 |
| Smoked Sausage | Chicken Tenders | Bowtie Lasagna | Pork Roast with Gravy | Oven Fried Chicken |
| Red Kidney Beans | Garlic Whipped Potatoes | Green Beans | Parslied Rice | Mixed Beans |
| Parslied Rice | Peas and Carrots | Whole Kernel Corn | Turnip Greens | Brussels Sprouts |
| Spring Vegetable Blend | Wheat Bread | Texas Bread | 100% Fruit Juice | Dinner Roll |
| Wheat Bread | Marble Cake | Seasonal Fruit | Cornbread | Seasonal Fruit |
| Seasonal Fruit | Milk | Milk | Fudge Creme Cookie | Milk |
| Milk | Margarine | Margarine | Milk | Margarine |
| Margarine | Ketchup | | Margarine | |
| 15 | 16 | 17 | 18 | 19 |
| Salisbury Beef | Cheese Omelet | Meatballs w/Spaghetti Sauce | Chicken and Sausage Gumbo | Glazed Ham |
| Brown Gravy | Sausage Patty | Spaghetti Noodles | Steamed Rice | Black-eyed Peas |
| Northern Beans | O'Brien Potatoes | Green Beans | Potato Salad | Cabbage |
| Sliced Carrots | 100% Fruit Juice | 100% Fruit Juice | 100% Fruit Juice | Cornbread |
| Wheat Bread | Biscuit | Wheat Bread | Saltine Crackers | Chocolate Swirl Pudding |
| Seasonal Fruit | Graham Crackers | Seasonal Fruit | Hot Cinnamon Applesauce | Milk |
| Milk | Milk | Milk | Chocolate Milk | Margarine |
| Margarine | Margarine | Margarine | | |
| 22 | 23 | 24 | 25 | 26 |
| Smoked Sausage | Baked Meatballs | Taco Meat | Sliced Turkey Breast | ~ Birthday Celebration ~ |
| Red Kidney Beans | Brown Gravy | Lettuce Tomato | Poultry Gravy | Chicken and Sausage Jambalaya |
| Parslied Rice | Delmonico Potatoes | Pinto Beans | Ranch Potatoes | Parslied Carrots |
| Broccoli Florets | Green Beans | Whole Kernel Corn | Green Peas | Brussels Sprouts |
| Wheat Bread | Wheat Bread | Flour Tortilla | Dinner Roll | Wheat Bread |
| Rice Krispie Treat | Seasonal Fruit | Seasonal Fruit | Mississippi Mud Pudding | Birthday Cake |
| Milk | Milk | Milk | Milk | Milk |
| Margarine | Margarine | Taco Sauce | Margarine | Margarine |
| 29 | 30 | | | |
| Meatloaf | Baked Chicken | | | |
| Brown Gravy | Poultry Gravy | | | |
| Lima Beans | Whipped Potatoes | | | TRIO |
| Sliced Carrots | Green Beans | | | INIO |
| Texas Bread | Wheat Bread | | | Community Meals |
| Seasonal Fruit | Seasonal Fruit | | | Nourishment through |
| Milk | Milk | | | compassionate care. |
| Margarine | Margarine | | | |

COAST May 2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|-------------------------|-----------------------------|---------------------------|-------------------------|
| | | 1 | 2 | 3 |
| | | Beef Patty | Sliced Ham | Chicken Chef Salad |
| TDIO | | Baked Beans | Oven Roasted Potatoes | Cucumber Tomato Salad |
| TRIO | | Lettuce Tomato | Cabbage | Broccoli Raisin Salad |
| Community Meals | | Hamburger Bun | Cornbread | Saltine Crackers |
| | | Hot Mixed Fruit | Chocolate Pudding | Cinnamon Cake |
| Nourishment through | | Chocolate Milk | Milk | Milk |
| compassionate care. | | Ketchup | Margarine | Salad Dressing |
| 6 | 7 | 8 | 9 | 10 |
| Smoked Sausage | Chicken Tenders | Bowtie Lasagna | Pork Roast with Gravy | ~Mother's Day Meal~ |
| Red Kidney Beans | Garlic Whipped Potatoes | Green Beans | Parslied Rice | Baked Chicken |
| Parslied Rice | Peas and Carrots | Whole Kernel Corn | Turnip Greens | Poultry Gravy |
| Spring Vegetable Blend | Wheat Bread | Texas Bread | 100% Fruit Juice | Twice Whipped Potatoes |
| Wheat Bread | Marble Cake | Seasonal Fruit | Cornbread | Broccoli Florets |
| Seasonal Fruit | Milk | Milk | Fudge Creme Cookie | Texas Bread |
| Milk | Margarine | Margarine | Milk | Strawberry Cake |
| Margarine | Ketchup | | Margarine | Milk |
| | · | | | Margarine |
| 13 | 14 | 15 | 16 | 17 |
| Salisbury Beef | Cheese Omelet | Meatballs w/Spaghetti Sauce | Chicken and Sausage Gumbo | Glazed Ham |
| Brown Gravy | Sausage Patty | Spaghetti Noodles | Steamed Rice | Black-eyed Peas |
| Northern Beans | O'Brien Potatoes | Green Beans | Potato Salad | Cabbage |
| Sliced Carrots | 100% Fruit Juice | 100% Fruit Juice | 100% Fruit Juice | Cornbread |
| Wheat Bread | Biscuit | Wheat Bread | Saltine Crackers | Chocolate Swirl Pudding |
| Seasonal Fruit | Graham Crackers | Seasonal Fruit | Hot Cinnamon Applesauce | Milk |
| Milk | Milk | Milk | Chocolate Milk | Margarine |
| Margarine | Margarine | Margarine | | . 0. |
| 20 | 21 | 22 | 23 | 24 |
| Smoked Sausage | Baked Meatballs | Taco Meat | Sliced Turkey Breast | ~Memorial Day~ |
| Red Kidney Beans | Brown Gravy | Lettuce Tomato | Poultry Gravy | Chili Dog |
| Parslied Rice | Delmonico Potatoes | Pinto Beans | Ranch Potatoes | Hashbrown Casserole |
| Broccoli Florets | Green Beans | Whole Kernel Corn | Green Peas | Ranch Beans |
| Wheat Bread | Wheat Bread | Flour Tortilla | Dinner Roll | Hot Dog Bun |
| Rice Krispie Treat | Seasonal Fruit | Seasonal Fruit | Mississippi Mud Pudding | Birthday Cake |
| Milk | Milk | Milk | Milk | Milk |
| Margarine | Margarine | Taco Sauce | Margarine | Mustard |
| 27 | 28 | 29 | 30 | 31 |
| | Baked Chicken | Beef Patty | Sliced Ham | Chicken Chef Salad |
| | Poultry Gravy | Baked Beans | Oven Roasted Potatoes | Cucumber Tomato Salad |
| Closed for Holiday | Whipped Potatoes | Lettuce Tomato | Cabbage | Broccoli Raisin Salad |
| ,, | Green Beans | Hamburger Bun | Cornbread | Saltine Crackers |
| | Wheat Bread | Hot Mixed Fruit | Chocolate Pudding | Cinnamon Cake |
| | Seasonal Fruit | Chocolate Milk | Milk | Milk |
| | Milk | Ketchup | Margarine | Salad Dressing |
| | | Ketchup | iviaigaille | Jaiau Diessilik |
| | Margarine | | | |

Lin Donnest RD, LD

COAST June 2024

TRIO Community Meals

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|-------------------------|-----------------------------|---------------------------|-------------------------------|
| 3 | 4 | 5 | 6 | 7 |
| Smoked Sausage | Chicken Tenders | Bowtie Lasagna | Pork Roast with Gravy | Oven Fried Chicken |
| Red Kidney Beans | Garlic Whipped Potatoes | Green Beans | Parslied Rice | Mixed Beans |
| Parslied Rice | Peas and Carrots | Whole Kernel Corn | Turnip Greens | Brussels Sprouts |
| Spring Vegetable Blend | Wheat Bread | Texas Bread | 100% Fruit Juice | Dinner Roll |
| Wheat Bread | Marble Cake | Seasonal Fruit | Cornbread | Seasonal Fruit |
| Seasonal Fruit | Milk | Milk | Fudge Creme Cookie | Milk |
| Milk | Margarine | Margarine | Milk | Margarine |
| Margarine | Ketchup | | Margarine | |
| 10 | 11 | 12 | 13 | 14 |
| Salisbury Beef | Cheese Omelet | Meatballs w/Spaghetti Sauce | Chicken and Sausage Gumbo | ~Father's Day Meal~ |
| Brown Gravy | Sausage Patty | Spaghetti Noodles | Steamed Rice | Baked Chicken |
| Northern Beans | O'Brien Potatoes | Green Beans | Potato Salad | Poultry Gravy |
| Sliced Carrots | 100% Fruit Juice | 100% Fruit Juice | 100% Fruit Juice | Chunky Potatoes |
| Wheat Bread | Biscuit | Wheat Bread | Saltine Crackers | Whole Kernel Corn |
| Seasonal Fruit | Graham Crackers | Seasonal Fruit | Hot Cinnamon Applesauce | Dinner Roll |
| Milk | Milk | Milk | Chocolate Milk | Devil's Food Cake |
| Margarine | Margarine | Margarine | | Milk |
| | | | | Margarine |
| 17 | 18 | 19 | 20 | 21 |
| Smoked Sausage | Baked Meatballs | | Sliced Turkey Breast | Chicken and Sausage Jambalaya |
| Red Kidney Beans | Brown Gravy | | Poultry Gravy | Parslied Carrots |
| Parslied Rice | Delmonico Potatoes | Closed for Holiday | Ranch Potatoes | Brussels Sprouts |
| Broccoli Florets | Green Beans | | Green Peas | Wheat Bread |
| Wheat Bread | Wheat Bread | | Dinner Roll | Lemon Cake |
| Rice Krispie Treat | Seasonal Fruit | | Mississippi Mud Pudding | Milk |
| Milk | Milk | | Milk | Margarine |
| Margarine | Margarine | | Margarine | |
| 24 | 25 | 26 | 27 | 28 |
| Meatloaf | Baked Chicken | Beef Patty | Sliced Ham | ~ Birthday Celebration ~ |
| Brown Gravy | Poultry Gravy | Baked Beans | Oven Roasted Potatoes | Chicken Chef Salad |
| Lima Beans | Whipped Potatoes | Lettuce Tomato | Cabbage | Cucumber Tomato Salad |
| Sliced Carrots | Green Beans | Hamburger Bun | Cornbread | Broccoli Raisin Salad |
| Texas Bread | Wheat Bread | Hot Mixed Fruit | Chocolate Pudding | Saltine Crackers |
| Seasonal Fruit | Seasonal Fruit | Chocolate Milk | Milk | Birthday Cake |
| Milk | Milk | Ketchup | Margarine | Milk |
| Margarine | Margarine | | | Salad Dressing |

Lim Donnet RD, LD