



# COAST

## April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Meatloaf Brown Gravy Lima Beans Sliced Carrots Texas Bread Seasonal Fruit Milk Margarine	Baked Chicken Poultry Gravy Whipped Potatoes Green Beans Wheat Bread Seasonal Fruit Milk Margarine	Beef Patty Baked Beans Lettuce   Tomato Hamburger Bun Hot Mixed Fruit Chocolate Milk Ketchup	Sliced Ham Oven Roasted Potatoes Cabbage Cornbread Chocolate Pudding Milk Margarine	Chicken Chef Salad Cucumber Tomato Salad Broccoli Raisin Salad Saltine Crackers Cinnamon Cake Milk Salad Dressing
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Smoked Sausage Red Kidney Beans Parslied Rice Spring Vegetable Blend Wheat Bread Seasonal Fruit Milk Margarine	Chicken Tenders Garlic Whipped Potatoes Peas and Carrots Wheat Bread Marble Cake Milk Margarine Ketchup	Bowtie Lasagna Green Beans Whole Kernel Corn Texas Bread Seasonal Fruit Milk Margarine	Pork Roast with Gravy Parslied Rice Turnip Greens 100% Fruit Juice Cornbread Fudge Creme Cookie Milk Margarine	Oven Fried Chicken Mixed Beans Brussels Sprouts Dinner Roll Seasonal Fruit Milk Margarine
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Salisbury Beef Brown Gravy Northern Beans Sliced Carrots Wheat Bread Seasonal Fruit Milk Margarine	Cheese Omelet Sausage Patty O'Brien Potatoes 100% Fruit Juice Biscuit Graham Crackers Milk Margarine	Meatballs w/Spaghetti Sauce Spaghetti Noodles Green Beans 100% Fruit Juice Wheat Bread Seasonal Fruit Milk Margarine	Chicken and Sausage Gumbo Steamed Rice Potato Salad 100% Fruit Juice Saltine Crackers Hot Cinnamon Applesauce Chocolate Milk	Glazed Ham Black-eyed Peas Cabbage Cornbread Chocolate Swirl Pudding Milk Margarine
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Smoked Sausage Red Kidney Beans Parslied Rice Broccoli Florets Wheat Bread Rice Krispie Treat Milk Margarine	Baked Meatballs Brown Gravy Delmonico Potatoes Green Beans Wheat Bread Seasonal Fruit Milk Margarine	Taco Meat Lettuce   Tomato Pinto Beans Whole Kernel Corn Flour Tortilla Seasonal Fruit Milk Taco Sauce	Sliced Turkey Breast Poultry Gravy Ranch Potatoes Green Peas Dinner Roll Mississippi Mud Pudding Milk Margarine	<i>~ Birthday Celebration ~</i> Chicken and Sausage Jambalaya Parslied Carrots Brussels Sprouts Wheat Bread Birthday Cake Milk Margarine
<b>29</b>	<b>30</b>			
Meatloaf Brown Gravy Lima Beans Sliced Carrots Texas Bread Seasonal Fruit Milk Margarine	Baked Chicken Poultry Gravy Whipped Potatoes Green Beans Wheat Bread Seasonal Fruit Milk Margarine			 <p><b>TRIO</b> Community Meals</p> <p>Nourishment through compassionate care.</p>

*Kim Dommert RD, LD*

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<b>1</b>				
 <p><b>TRIO</b> Community Meals</p> <p>Nourishment through compassionate care.</p>		Beef Patty Baked Beans Lettuce   Tomato Hamburger Bun Hot Mixed Fruit Chocolate Milk Ketchup	Sliced Ham Oven Roasted Potatoes Cabbage Cornbread Chocolate Pudding Milk Margarine	Chicken Chef Salad Cucumber Tomato Salad Broccoli Raisin Salad Saltine Crackers Cinnamon Cake Milk Salad Dressing
	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
Smoked Sausage Red Kidney Beans Parslied Rice Spring Vegetable Blend Wheat Bread Seasonal Fruit Milk Margarine	Chicken Tenders Garlic Whipped Potatoes Peas and Carrots Wheat Bread Marble Cake Milk Margarine Ketchup	Bowtie Lasagna Green Beans Whole Kernel Corn Texas Bread Seasonal Fruit Milk Margarine	Pork Roast with Gravy Parslied Rice Turnip Greens 100% Fruit Juice Cornbread Fudge Creme Cookie Milk Margarine	<b>~Mother's Day Meal~</b> Baked Chicken Poultry Gravy Twice Whipped Potatoes Broccoli Florets Texas Bread Strawberry Cake Milk Margarine
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Salisbury Beef Brown Gravy Northern Beans Sliced Carrots Wheat Bread Seasonal Fruit Milk Margarine	Cheese Omelet Sausage Patty O'Brien Potatoes 100% Fruit Juice Biscuit Graham Crackers Milk Margarine	Meatballs w/Spaghetti Sauce Spaghetti Noodles Green Beans 100% Fruit Juice Wheat Bread Seasonal Fruit Milk Margarine	Chicken and Sausage Gumbo Steamed Rice Potato Salad 100% Fruit Juice Saltine Crackers Hot Cinnamon Applesauce Chocolate Milk	Glazed Ham Black-eyed Peas Cabbage Cornbread Chocolate Swirl Pudding Milk Margarine
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Smoked Sausage Red Kidney Beans Parslied Rice Broccoli Florets Wheat Bread Rice Krispie Treat Milk Margarine	Baked Meatballs Brown Gravy Delmonico Potatoes Green Beans Wheat Bread Seasonal Fruit Milk Margarine	Taco Meat Lettuce   Tomato Pinto Beans Whole Kernel Corn Flour Tortilla Seasonal Fruit Milk Taco Sauce	Sliced Turkey Breast Poultry Gravy Ranch Potatoes Green Peas Dinner Roll Mississippi Mud Pudding Milk Margarine	<b>~Memorial Day~</b> Chili Dog Hashbrown Casserole Ranch Beans Hot Dog Bun Birthday Cake Milk Mustard
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
<b>Closed for Holiday</b>	Baked Chicken Poultry Gravy Whipped Potatoes Green Beans Wheat Bread Seasonal Fruit Milk Margarine	Beef Patty Baked Beans Lettuce   Tomato Hamburger Bun Hot Mixed Fruit Chocolate Milk Ketchup	Sliced Ham Oven Roasted Potatoes Cabbage Cornbread Chocolate Pudding Milk Margarine	Chicken Chef Salad Cucumber Tomato Salad Broccoli Raisin Salad Saltine Crackers Cinnamon Cake Milk Salad Dressing

*Kim Dommert RD, LD*

# COAST June 2024



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Smoked Sausage Red Kidney Beans Parslied Rice Spring Vegetable Blend Wheat Bread Seasonal Fruit Milk Margarine	Chicken Tenders Garlic Whipped Potatoes Peas and Carrots Wheat Bread Marble Cake Milk Margarine Ketchup	Bowtie Lasagna Green Beans Whole Kernel Corn Texas Bread Seasonal Fruit Milk Margarine	Pork Roast with Gravy Parslied Rice Turnip Greens 100% Fruit Juice Cornbread Fudge Creme Cookie Milk Margarine	Oven Fried Chicken Mixed Beans Brussels Sprouts Dinner Roll Seasonal Fruit Milk Margarine
10	11	12	13	14
Salisbury Beef Brown Gravy Northern Beans Sliced Carrots Wheat Bread Seasonal Fruit Milk Margarine	Cheese Omelet Sausage Patty O'Brien Potatoes 100% Fruit Juice Biscuit Graham Crackers Milk Margarine	Meatballs w/Spaghetti Sauce Spaghetti Noodles Green Beans 100% Fruit Juice Wheat Bread Seasonal Fruit Milk Margarine	Chicken and Sausage Gumbo Steamed Rice Potato Salad 100% Fruit Juice Saltine Crackers Hot Cinnamon Applesauce Chocolate Milk	<i>~Father's Day Meal~</i> Baked Chicken Poultry Gravy Chunky Potatoes Whole Kernel Corn Dinner Roll Devil's Food Cake Milk Margarine
17	18	19	20	21
Smoked Sausage Red Kidney Beans Parslied Rice Broccoli Florets Wheat Bread Rice Krispie Treat Milk Margarine	Baked Meatballs Brown Gravy Delmonico Potatoes Green Beans Wheat Bread Seasonal Fruit Milk Margarine	<b><i>Closed for Holiday</i></b>	Sliced Turkey Breast Poultry Gravy Ranch Potatoes Green Peas Dinner Roll Mississippi Mud Pudding Milk Margarine	Chicken and Sausage Jambalaya Parslied Carrots Brussels Sprouts Wheat Bread Lemon Cake Milk Margarine
24	25	26	27	28
Meatloaf Brown Gravy Lima Beans Sliced Carrots Texas Bread Seasonal Fruit Milk Margarine	Baked Chicken Poultry Gravy Whipped Potatoes Green Beans Wheat Bread Seasonal Fruit Milk Margarine	Beef Patty Baked Beans Lettuce   Tomato Hamburger Bun Hot Mixed Fruit Chocolate Milk Ketchup	Sliced Ham Oven Roasted Potatoes Cabbage Cornbread Chocolate Pudding Milk Margarine	<i>~ Birthday Celebration ~</i> Chicken Chef Salad Cucumber Tomato Salad Broccoli Raisin Salad Saltine Crackers Birthday Cake Milk Salad Dressing

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