

September 2024

Bush Activity Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3 8:30 Coffee & Conversation 9:00 Pokeno 10:15 Presentation W/ Senior Medicare Patrol	4 8:30 Coffee & Conversation 9:30 Word search, crosswords, art, cards	5 8:30 Coffee & Conversation 9:00 Pokeno 10:15 Presentation W/ Pelican Credit Union	6 8:30 Coffee & Conversation 9:30 Word search, crosswords, art, cards
9 8:30 Coffee & Conversation 9:30 Word search, crosswords, art, cards	10 8:30 Coffee & Conversation 9:00 Pokeno 10:15 Bingo W/ St. Joseph Hospice	11 8:30 Coffee & Conversation 9:30 Word search, crosswords, art, cards	12 8:30 Coffee & Conversation 9:00 Pokeno 10:15 Presentation W/ Sheila Seals	13 8:30 Coffee & Conversation 9:30 Word search, crosswords, art, cards
16 8:30 Coffee & Conversation 9:30 Word search, crosswords, art, cards	17 8:30 Coffee & Conversation 9:00 Pokeno 10:15 Presentation W/ St. Tammany Public Library	18 8:30 Coffee & Conversation 9:30 Word search, crosswords, art, cards	19 8:30 Coffee & Conversation 9:00 Pokeno 10:15 Presentation W/ COAST Dietitian	20 8:30 Coffee & Conversation 9:30 Word search, crosswords, art, cards
23 8:30 Coffee & Conversation 9:30 Word search, crosswords, art, cards	24 8:30 Coffee & Conversation 9:00 Pokeno 10:15 Presentation W/ Humana	25 8:30 Coffee & Conversation 9:30 Word search, crosswords, art, cards	26 8:30 Coffee & Conversation 9:00 Pokeno	27 8:30 Coffee & Conversation 9:30 Word search, crosswords, art, cards
30 8:30 Coffee & Conversation 9:30 Word search, crosswords, art, cards				

Activity Site Manager: Tia Alexander

Monday – Thursday: 8am – 2pm

Friday: 8am – 1pm

985-886-8971

COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.

Website: www.coastseniors.org

Phone: 985-892-0377

Lunch is served daily at 11:00 A.M

Lunch must be pre-registered the day before by 9:00.