

December 2022



Lacombe Center

Monday	Tuesday	Wednesday	Thursday	Friday
			1 9:00 Coffee and Conversations 9:30 Line Dancing with Kayla 10:15 Bingo	2 9:00 Coffee and Conversations 9:30 Scrabble Day 10:30 Balance
5 9:00 Coffee and Conversations 9:30 Scrabble Day 10:30 Balance	6 9:00 Coffee and Conversations 9:30 Cornhole	7 9:00 Coffee and Conversations 9:30 Craft with Kayla 10:30 Balance	8 9:00 Coffee and Conversations 9:30 Dominoes 10:15 Bingo	9 9:00 Coffee and Conversations 9am-12pm Vaccinations with Pafford EMS 10:30 Balance
12 9:00 Coffee and Conversations 9:30 Scrabble Day 10:30 Balance	13 9:00 Coffee and Conversations 10:00 Presentation and Bingo with SMP	14 9:00 Coffee and Conversations 9:30 Games with Friends 10:30 Balance	15 9:00 Holiday Party	16 9:00 Coffee and Conversations 9:30 Scrabble Day 10:30 Balance
19 9:00 Coffee and Conversations 9:30 Presentation with STPH 10:30 Balance	20 9:00 Coffee and Conversations 9:30 Cornhole	21 9:00 Coffee and Conversations 9:30 Bingocize with Kayla 10:30 Balance	22 9:00 Coffee and Conversations 9:30 Bingocize with Kayla	23  CENTER CLOSED
26  CENTER CLOSED	27 9:00 Coffee and Conversations 9:30 Cornhole	28 9:00 Coffee and Conversations 9:30 Games with Friends 10:30 Balance	29 9:00 Coffee and Conversations 9:30 Dominoes 10:15 Bingo	30 9:00 Coffee and Conversations 9:30 Scrabble Day 10:30 Balance
Activity Center Manager: Schrell Thompson Monday: 8am-1pm Tuesday – Friday: 8am-2pm Lunch Served Daily: 11:30am Kayla's here on Wednesday's and Thursday's				

COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.