

# June 2022



## Pearl River Center

Monday	Tuesday	Wednesday	Thursday	Friday
		1 8:30 Coffee & Conversation 9:30 <b>Crafting with Valena</b>	2 8:30 Coffee & Conversation 9:00 Activity of Choice 9:30 BINGO	3 8:30 Coffee & Conversation 9:00 Trivia Friday's
6 8:30 Coffee & Conversation 9:00 Inspirational coloring	7 8:30 Coffee & Conversation 9:00 Pokeno/card games/boardgames	8 8:30 Coffee & Conversation 9:30 <b>BINGO &amp; PRESENTATION with Fussell Group</b>	9 8:30 Coffee & Conversation 9:00 Activity of Choice 9:30 BINGO	10 8:30 Coffee & Conversation 9:00 Trivia Friday's
13 8:30 Coffee & Conversation 9:00 Inspirational coloring	14 8:30 Coffee & Conversation 9:00 Pokeno/card games/boardgames	15 8:30 Coffee & Conversation 9:00 <b>Karaoke &amp; Line Dancing W/ Aetna</b>	16 8:30 Coffee & Conversation 9:00 Activity of Choice 9:30 BINGO	17 8:30 Coffee & Conversation 9:00 Trivia Friday's
20 8:30 Coffee & Conversation 9:00 Inspirational coloring	21 8:30 Coffee & Conversation 9:00 Pokeno/card games/boardgames	22 8:30 Coffee and Conversations 9:30 <b>Pearl River Fire Department</b>	23 8:30 Coffee & Conversation 9:00 Activity of Choice 9:30 BINGO	24 8:30 Coffee & Conversation 9:00 Trivia Friday's
27 8:30 Coffee & Conversation 9:00 Inspirational coloring	28 8:30 Coffee & Conversation 9:00 Pokeno/card games/boardgames	29 8:30 Coffee & Conversation 9:30 Inspirational coloring	30 8:30 Coffee & Conversation 9:30 BINGO 10:15 <b>Making Slushies with Valena</b>	

**Valena is here every Wednesday & the 9<sup>th</sup> & 30<sup>th</sup>.**

**Lunch is served daily at 11:30 A.M.**

**Lunch (must be pre-registered the day before by 9:30)**

COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.