

COAST

August 2022

Monday	Tuesday	Wednesday	Thursday	Friday
1 Smoked Sausage Red Kidney Beans Rice Spring Vegetable Blend Wheat Bread Fresh Orange Milk Margarine	2 Salisbury Steak Macaroni and Cheese Green Beans 100% Fruit Juice Wheat Bread Oatmeal Raisin Cookie Milk Margarine	3 Chicken Cordon Bleu Cheesy Potatoes Parslied Carrots Wheat Bread Devil's Food Cake Milk Margarine	4 Bowtie Lasagna Herbed Green Peas Summer Vegetable Blend Wheat Bread Seasonal Fruit Milk Margarine	5 <i>~Summer Grill~</i> Beef Hot Dog Baked Beans Whole Kernel Corn Hot Dog Bun Seasonal Fruit Milk Mustard
8 Beef with Mushroom Gravy Ranch Potatoes Mixed Vegetables Dinner Roll Seasonal Fruit Milk Margarine	9 Meatballs and Spaghetti Sauce Spaghetti Noodles Green Beans 100% Fruit Juice Texas Bread Seasonal Fruit Milk Margarine	10 Oven Fried Chicken Country Potatoes Glazed Carrots Wheat Bread Seasonal Fruit Milk Margarine	11 Glazed Ham Black-eyed Peas Cabbage Cornbread Banana Pudding w/Wafers Milk Margarine	12 Chicken & Sausage Gumbo Rice Whole Kernel Corn 100% Fruit Juice Saltine Crackers Lemon Cake Milk Margarine
15 Smoked Sausage Red Kidney Beans Rice Broccoli Florets Wheat Bread Seasonal Fruit Milk Margarine	16 Creole Steak Garlic Whipped Potatoes Spinach Wheat Bread Chocolate Chip Cookie Milk Margarine	17 Chicken Chef Salad Broccoli Salad Pineapple Chunks Saltine Crackers Sugar Cookie Milk Ranch Dressing - 2	18 Turkey Breast with Gravy Loaded Potatoes Green Peas Wheat Bread Seasonal Fruit Chocolate Milk Margarine	19 Pork Roast Onion Gravy Northern Beans Garden Vegetable Blend Wheat Bread Seasonal Fruit Milk Margarine
22 Meatloaf Tomato Gravy Whipped Potatoes Glazed Carrots Wheat Bread Banana Moonpie Milk Margarine	23 Chicken & Sausage Jambalaya Whole Kernel Corn Brussel Sprouts Wheat Bread Peanut Butter Cookie Milk Margarine	24 Cheese Omelet Sausage Patty O'Brien Potatoes Biscuit Seasonal Fruit Milk Margarine	25 Beef Patty Lettuce Tomato Pickle Ranch Beans Hamburger Bun Hot Spiced Fruit Chocolate Milk Mustard Mayonnaise	26 <i>~Birthday Celebration~</i> Parmesan Chicken Chunky Potatoes Green Beans Wheat Bread Birthday Cake Milk Margarine
29 Smoked Sausage Red Kidney Beans Rice Spring Vegetable Blend Wheat Bread Fresh Orange Milk Margarine	30 Salisbury Steak Macaroni and Cheese Green Beans 100% Fruit Juice Wheat Bread Oatmeal Raisin Cookie Milk Margarine	31 Chicken Cordon Bleu Cheesy Potatoes Parslied Carrots Wheat Bread Devil's Food Cake Milk Margarine		 TRIO Community Meals an elior company

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