

August 2022



Pearl River Center

Monday	Tuesday	Wednesday	Thursday	Friday
1 8:30 Coffee & Conversation 9:30 Activity of Choice	2 8:30 Coffee & Conversation 9:00 Inspirational coloring & painting	3 8:30 Coffee and Conversations 9:30 BINGO W/ Fussell Group	4 8:30 Coffee & Conversation 9:00 Dominos 9:30 Bingo	5 8:30 Coffee & Conversation 9:30 Bean Bag Baseball
8 8:30 Coffee & Conversation 9:30 Activity of Choice	9 8:30 Coffee & Conversation 9:00 Inspirational coloring & painting	10 8:30 Coffee & Conversation 9:00 Nutrition W/ Kristin	11 8:30 Coffee & Conversation 9:00 Dominos 9:30 Bingo	12 8:30 Coffee & Conversation 9:30 Bean Bag Baseball
15 8:30 Coffee & Conversation 9:30 Activity of Choice	16 8:30 Coffee & Conversation 9:00 Inspirational coloring & painting	17 8:30 Coffee & Conversation 9:00 Tech Help W/ Reference librarian	18 8:30 Coffee & Conversation 9:00 Dominos 9:30 Bingo	19 8:30 Coffee & Conversation 9:30 Bean Bag Baseball
22 8:30 Coffee & Conversation 9:30 Activity of Choice	23 8:30 Coffee & Conversation 9:30 Coffee & Donuts W/ Honey Island Swamp Museum	24 8:30 Coffee and Conversations 9:30 Bookmark Making W/ Valena	25 8:30 Coffee & Conversation 9:00 Dominos 9:30 Bingo	26 8:30 Coffee & Conversation 9:30 Bean Bag Baseball
29 8:30 Coffee & Conversation 9:30 Activity of Choice	30 8:30 Coffee & Conversation 9:00 Inspirational coloring & painting	31 8:30 Coffee and Conversations 9:30 DIY Coasters W/ Valena		

Activity Site Manager:
Tina Adelfio
Monday – Friday 8am – 2pm
985-641-1852
39443 Highway 41 Spur Pearl River, LA 70452

Valena is here every Wednesday.

Lunch is served daily at 11:30 A.M.
Lunch (must be pre-registered the day before by 9:00)



COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.

Website: www.coastseniors.org

Phone: 985-892-0377