

JULY 2026

Lacombe Activity Center

Monday	Tuesday	Wednesday	Thursday	Friday
		1 9:00 Coffee & Conversation 10:30 Strength & Balance	2 9:00 Coffee & Conversation	3 
6 9:00 Coffee & Conversation 10:30 Strength & Balance	7 9:00 Coffee & Conversation 10:00 Bingo W/ Ms. Loretta	8 9:00 Coffee & Conversation 10:30 Strength & Balance	9 9:00 Coffee & Conversation 10:00 Let's Make A Deal Activity W/ Loretta	10 9:00 Coffee & Conversation 10:30 Strength & Balance
13 9:00 Coffee & Conversation 10:30 Strength & Balance	14 9:00 Coffee & Conversation 10:00 Centerwell Fun Activities/Educational Talks	15 9:00 Coffee & Conversation 10:30 Strength & Balance	16 9:00 Coffee & Conversation	17 9:00 Coffee & Conversation 10:30 Strength & Balance
20 9:00 Coffee & Conversation 10:30 Strength & Balance	21 9:00 Coffee & Conversation 10:00 STP Mobile Library	22 9:00 Coffee & Conversation 10:30 Strength & Balance	23 9:00 Coffee & Conversation 10:00 SMP Presentation	24 9:00 Birthday Celebrations 10:30 Strength & Balance
27 9:00 Coffee & Conversation 10:30 Strength & Balance	28 9:00 Coffee & Conversation 10:00 Bingo W/ Egan Hospice	29 9:00 Coffee & Conversation 10:30 Strength & Balance	30 9:00 Coffee & Conversation 10:00 COAST Bingo	31 9:00 Coffee & Conversation 10:30 Strength & Balance

Activity Center Manager: Schrell Thompson
Assistant Site Manager: Fatessa Washington
Monday – Friday 9am - 1:45pm
985-218-9340
61720 HWY 434 | Lacombe, LA 70445
Lunch Served Daily: 11:00am

COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.

Website: www.coastseniors.org

Phone: 985-892-0377