

August 2024



Madisonville Center

Monday	Tuesday	Wednesday	Thursday	Friday
			1 9:00 Coffee and Conversations 10:30 – 11:15 Exercise	2 9:00 Coffee and Conversations 9:30 Games with Friends
5 9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Bingo	6 9:00 Coffee and Conversations 10:30 – 11:15 Exercise 10:00 Coffee and Conversations with The Fussell Group	7 9:00 Coffee and Conversations 10:00 Line Dancing with The Y 12:30 Painting with Ferris Hotard	8 9:00 Coffee and Conversations 10:30 – 11:15 Exercise	9 9:00 Coffee and Conversations 9:30 Games with Friends
12 9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Presentation and Bingo with American Red Cross	13 9:00 Coffee and Conversations 9:30 Activity with Judy 10:30 – 11:15 Exercise	14 9:00 Coffee and Conversations 10:00 Line Dancing with The Y	15 9:00 Coffee and Conversations 10:30 – 11:15 Exercise	16 9:00 Coffee and Conversations 9:30 Games with Friends
19 9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Presentation and Bingo with Heart of Hospice	20 9:00 Coffee and Conversations 10:30 – 11:15 Exercise	21 9:00 Coffee and Conversations 10:00 Line Dancing with The Y 12:30 Painting with Ferris Hotard	22 9:00 Coffee and Conversations 10:30 – 11:15 Exercise	23 9:00 Coffee and Conversations 9:30 Games with Friends
26 9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Bingo with St. Joseph Hospice	27 9:00 Coffee and Conversations 10:30 – 11:15 Exercise	28 9:00 Coffee and Conversations 10:00 Line Dancing with The Y 11:00 Presentation and Bingo with Dentists of Mandeville	29 9:00 Coffee and Conversations 10:30 – 11:15 Exercise	30 9:00 Coffee and Conversations 9:30 Games with Friends

Activity Center Manager: Jackie
Monday – Thursday 8am-2pm Friday 8am – 1pm
985-323-6055
403 St. Francis St | Madisonville

Lunch Served Daily: 11:30am



COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.

Website: www.coastseniors.org

Phone: 985-892-0377