May 2024

Madisonville Center

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Monday	Tuesday	Wednesday	Thursday	Friday
		9:00 Coffee and Conversations 10:00 Line Dancing with The Y 12:30 Painting with Ferris Hotard	CENTERS CLOSED	9:00 Coffee and Conversations 9:30 Games with Friends
9:00 Coffee and Conversations 10:00 Bingo	9:00 Coffee and Conversations 10:30 – 11:15 Exercise 10-12 Coffee and Conversations with The Fussell Group	9:00 Coffee and Conversations 10:00 Line Dancing with The Y	9:00 Coffee and Conversations 10:30 – 11:15 Exercise	9:00 Coffee and Conversations 9:30 Games with Friends
9:00 Coffee and Conversations 10:00 Price is Right with St. Joseph hospice	9:00 Coffee and Conversations 10:30 – 11:15 Exercise	9:00 Coffee and Conversations 10:00 Line Dancing with The Y 12:30 Painting with Ferris Hotard	9:00 Coffee and Conversations 10:30 – 11:15 Exercise	9:00 Coffee and Conversations 9:30 Games with Friends
9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Presentation with Southeast LA Legal Services	9:00 Coffee and Conversations 10:30 – 11:15 Exercise	9:00 Coffee and Conversations 10:00 Line Dancing with The Y	9:00 Coffee and Conversations 10:30 – 11:15 Exercise	9:00 Coffee and Conversations 9:30 Games with Friends
*** MEMORIAL DAY Remember and Honor	9:00 Coffee and Conversations 10:30 – 11:15 Exercise nter Manager: Jackie	9:00 Coffee and Conversations 10:00 Line Dancing with The Y 11:00 Presentation and Bingo Dentists of Mandeville	9:00 Coffee and Conversations 10:30 – 11:15 Exercise	9:00 Coffee and Conversations 9:30 Games with Friends 10:00-12:00 "STAYING HEALTHY IN A COVID WORLD" Health Fair

Activity Center Manager: Jackie Monday – Thursday 8am-2pm Friday 8am – 1pm 985-323-6055 403 St. Francis St | Madisonville



COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.

Website: www.coastseniors.org

Phone: 985-892-0377