
CAREGIVER SUPPORT (NFCSP)

Provides support services to family members caring for the elderly in their home. Services include in-home respite care, sitter service, personal care, material aid (nutritional supplements, personal hygiene items and more), education and support groups.

HOMEMAKER PROGRAM

Provides basic assistance with household chores and cleaning to persons who are homebound, frail, and unable to provide these services for themselves. This service is intended for elderly individuals with no other means of support.

CHORE PROGRAM

This seasonal program offers grass cutting, bush trimming, and hedging for homebound frail seniors. It is intended for elderly individuals who have no other means of support.

INCOME TAX ASSISTANCE

During the tax season, trained AARP volunteers offer assistance to complete and file tax returns with the IRS. This service is provided at local libraries throughout the parish.

TRANSPORTATION

COAST, in partnership with St. Tammany Parish Government, operates STAR Transit. STAR Transit provides rural transportation Monday – Friday 7 a.m. – 4 p.m. and urban transportation Monday – Friday 7 a.m. – 4:30 p.m. STAR Transit is a curb to curb, demand response program. All rides are based on availability and must be requested one week in advance. COAST provides free transportation to COAST members.



INFORMATION AND ASSISTANCE

Provides current information on opportunities and services available to older individuals within the community. Assistance is also provided to help individuals acquire the services they need.

EMERGENCY UTILITY ASSISTANCE

Provides assistance to seniors experiencing difficulty paying their utility bills. Certain criteria apply and assistance is available as funds become available.

MEDICAL ALERT

This service provides an Emergency Response System to homebound, frail individuals who live alone, are prone to falls and could be in danger of not being able to reach the phone in an emergency situation. Availability of this service is based on need and a small monthly charge may apply.

PERSONAL CARE ASSISTANT

Offers personal assistance through a contracted source to individuals who are unable to dress, bathe, or groom independently.

HOME REPAIRS

Offers minor home repair services to seniors, ensuring their health and safety in their homes and addressing their specific needs.

LEGAL ASSISTANCE

Provided through a contract with a legal service provider, individuals aged 60 and above receive legal consultation and assistance on non-criminal matters. Additionally, regular legal education sessions are held at senior centers throughout the parish.

