



2024

Lacombe Activity Center

Monday	Tuesday	Wednesday	Thursday	Friday
		1 9:00 Coffee & Conversation 10:30 Strength & Balance	2 Center Closed For Senior Picnic	3 9:00 Coffee & Conversation 10:30 Strength & Balance
6 9:00 Coffee & Conversation 10:30 Strength & Balance	7 9:00 Coffee & Conversation 10:00 Activities W/ Alexa	8 9:00 Coffee & Conversation 10:30 Strength & Balance	9 9:00 Coffee & Conversation 9:30 Games W/ Friends	10 9:30 Mother's Day Party! 10:30 Strength & Balance 
13 9:00 Coffee & Conversation 10:30 Strength & Balance	14 9:00 Coffee & Conversation 10:00 Presentation W /St. Tammany Public Library	15 9:00 Coffee & Conversation 10:30 Strength & Balance	16 9:00 Coffee & Conversation 10:00 Line dancing W/ Valena	17 9:00 Coffee & Conversation 10:30 Strength & Balance
20 9:00 Coffee & Conversation 10:30 Strength & Balance	21 9:00 Coffee & Conversation 10:00 Presentation &  W/ Hospice Specialists of Louisiana	22 9:00 Coffee & Conversation 10:30 Strength & Balance	23 9:00 Coffee & Conversation 10:00 Presentation & Bingo W/ St. Joseph Hospice	24 9:00 Coffee & Conversation 10:30 Strength & Balance
27 	28 9:00 Coffee & Conversation 10:00 Presentation &  W/ Boston Scientific	29 9:00 Coffee & Conversation 10:30 Strength & Balance	30 9:00 Coffee & Conversation 9:30 Craft W/ Valena Birthday Celebration	31 9:00 Coffee & Conversation 10:30 Strength & Balance

Activity Center Manager: Schrell Thompson

Monday: 8am-1pm Tuesday – Friday: 8am-2pm

985-218-9340

27397 Highway 190 Lacombe, LA 70445

COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.

Website: www.coastseniors.org

Phone: 985-892-0377

Lunch is served daily at 11:00 A.M

Lunch must be pre-registered the day before by 9:00.