

June 2022

Lacombe Center



Monday	Tuesday	Wednesday	Thursday	Friday
		1 9:00 Coffee and Conversations 9:30 Trivia 10:30 Balance	2 9:00 Coffee and Conversations 9:30 Activity of Choice	3 9:00 Coffee and Conversations 9:30 Cards and Games 10:30 Balance
6 9:00 Coffee and Conversations 9:30 Presentation with SMP 10:30 Balance	7 9:00 Coffee and Conversations 9:30 BINGO 10:30 Cards and Games	8 9:00 Coffee and Conversations 9:30 Trivia 10:30 Balance	9 9:00 Coffee and Conversations 9:30 Activity of Choice	10 9:00 Coffee and Conversations 9:30 Cards and Games 10:30 Balance
13 9:00 Coffee and Conversations 9:30 Cards and Games 10:30 Balance	14 9:00 Coffee and Conversations 9:30 BINGO 10:30 Cards and Games	15 9:00 Coffee and Conversations 9:30 Trivia 10:30 Balance	16 9:00 Coffee and Conversations 9:30 Bath Salts with Kayla	17 9:00 Coffee and Conversations 9:30 Cards and Games 10:30 Balance
20 9:00 Coffee and Conversations 9:30 Decoupage with Peoples Health 10:30 Balance	21 9:00 Coffee and Conversations 9:30 BINGO 10:30 Cards and Games	22 9:00 Coffee and Conversations 9:30 Presentation with HoH 10:30 Balance	23 9:00 Coffee and Conversations 9:30 Activity of Choice	24 9:00 Coffee and Conversations 9:30 Cards and Games 10:30 Balance
27 9:00 Coffee and Conversations 9:30 Cards and Games 10:30 Balance	28 9:00 Coffee and Conversations 9:30 BINGO 10:30 Cards and Games	29 9:00 Coffee and Conversations 9:30 Presentation with Kristin 10:30 Balance	30 9:00 Coffee and Conversations 9:30 Ice Cream with Kayla	

Kayla's here on Thursday's
Lunch Served DAILY: 11:30am

COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.