



May 2023



Madisonville Center

Monday	Tuesday	Wednesday	Thursday	Friday
1 9:00 Coffee and Conversations GAMES WITH FRIENDS 9:30 Presentation and Bingo with Summerfield	2 9:00 Coffee and Conversations GAMES WITH FRIENDS	3 9:00 Coffee and Conversations 10:00 Line Dancing with The Y	4 CENTER CLOSED 	5 9:00 Coffee and Conversations 9:30 Games with Friends
8 9:00 Coffee and Conversations 9:30 – 10:15 Presentation and Bingo with Aetna	9 9:00 Coffee and Conversations 10:00 Craft with Peoples Health	10 9:00 Coffee and Conversations 10:00 Line Dancing with The Y	11 9:00 Coffee and Conversations 10:00 Chair Exercise with The Y	12 9:00 Coffee and Conversations 9:30 Bean Bag Baseball
15 9:00 Coffee and Conversations GAMES WITH FRIENDS	16 9:00 Coffee and Conversations GAMES WITH FRIENDS	17 9:00 Coffee and Conversations 10:00 Line Dancing with The Y	18 9:00 Coffee and Conversations Active Aging Week Preview 10:00 Chair Exercise with The Y	19 9:00 Coffee and Conversations 9:30 Games with Friends
22 9:00 Coffee and Conversations 9:30 – 10:15 Presentation and Bingo with Christwood	23 9:00 Coffee and Conversations Craft with Kayla	24 9:00 Coffee and Conversations 10:00 Line Dancing with The Y	25 9:00 Coffee and Conversations 10:00 Chair Exercise with The Y	26 9:00 Coffee and Conversations 9:30 Bean Bag Baseball
29 CENTER CLOSED  MEMORIAL DAY	30 9:00 Coffee and Conversations 9:30 – 10:15 Bingo with Kayla 10:00 Presentation with Amy	31 9:00 Coffee and Conversations 10:00 Line Dancing with The Y		

Activity Center Manager: Jackie

Monday – Thursday 8am-2pm
Friday 8am – 1pm
985-323-6055
403 St. Francis St | Madisonville

Lunch Served Daily: 11:30am

COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.