








Lacombe Activity Center

Monday	Tuesday	Wednesday	Thursday	Friday
1 9:00 Coffee & Conversation 9:30 Games W/ Friends 10:30 Strength & Balance	2 9:00 Coffee & Conversation 9:30 Line dancing W/ Valena	3 9:00 Coffee & Conversation 9:30 Scrabble Day 10:30 Strength & Balance	4 Center Closed for Client picnic	5 9:00 Coffee & Conversation 9:30 Games W/ Friends 10:30 Strength & Balance
8 9:00 Coffee & Conversation 9:30 Games W/ Friends 10:30 Strength & Balance	9 9:00 Coffee & Conversation 9:30 Bingocize W/ Valena	10 9:00 Coffee & Conversation 9:30 Scrabble Day 10:30 Strength & Balance	11 9:00 Coffee & Conversation 9:30 Dominoes 10:00 Activities W/ Amy	12 9:00 Coffee & Conversation 9:30 Games W/ Friends 10:30 Strength & Balance
15 9:00 Coffee & Conversation 9:30 Games W/ Friends 10:30 Strength & Balance	16 9:00 Coffee & Conversation 9:10  10:00 Activities W/ Amy	17 9:00 Coffee & Conversation 9:30 Scrabble Day 10:30 Strength & Balance	18 9:00 Coffee & Conversation 9:30 Dominoes	19 9:00 Coffee & Conversation 10:30 Strength & Balance 12:00 – 2:30 
22 9:00 Coffee & Conversation 9:30 Games W/ Friends 10:30 Strength & Balance	23 9:00 Coffee & Conversation 9:10 	24 9:00 Coffee & Conversation 9:30 Scrabble Day 10:30 Strength & Balance	25 9:00 Coffee & Conversation 9:30 Dominoes	26 9:00 Coffee & Conversation 9:30 Games W/ Friends 10:30 Strength & Balance
29 Center Closed	30 9:00 Coffee & Conversation 9:00 Activities W/ Alexa 10:00  Birthday Celebration	31 9:00 Coffee & Conversation 9:30 Scrabble Day 10:30 Strength & Balance		

Activity Center Manager: Schrell Thompson

Monday: 8am-1pm Tuesday – Friday: 8am-2pm
985-218-9340
 27397 Highway 190 Lacombe, LA 70445

COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.

Website: www.coastseniors.org

Phone: 985-892-0377

Lunch is served daily at 11:00 A.M
Lunch must be pre-registered the day before by 9:00.
Valena is here on Tuesday's.

May Activities

Every Monday, Wednesday & Friday – Exercise W/ Kristy

5/2 – Line dancing W/ Valena

5/4 – Client picnic @ John Slidell Park

5/9 – Bingocize W/ Valena

5/11 – Activities W/ Amy

5/16 – Activities W/ Amy

5/19 – Prom @ Slidell Activity Center 12 – 2:30

5/30 – Activities W/ Alexa