



# SEPTEMBER

# 2023

## Bush Activity Center

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
	8:30 Coffee & Conversation 9:00 	8:30 Coffee & Conversation 9:30 Word search, crosswords, art, cards	8:30 Coffee & Conversation 9:30 	8:30 Coffee & Conversation 9:30 
11	12	13	14	15
8:30 Coffee & Conversation 9:30 Beanbag Baseball	8:30 Coffee & Conversation 9:00  10:30 <b>Presentation W/ NAMI</b>	8:30 Coffee & Conversation 9:30 Word search, crosswords, art, cards	8:30 Coffee & Conversation 9:30 	8:30 Coffee & Conversation 9:30 
18	19 <sup>th</sup>	20	21	22
8:30 Coffee & Conversation 9:30 Beanbag Baseball		8:30 Coffee & Conversation 9:30 Word search, crosswords, art, cards	8:30 Coffee & Conversation 9:30 	8:30 Coffee & Conversation 9:30 
25	26	27	28	29
8:30 Coffee & Conversation 9:30 Beanbag Baseball	8:30 Coffee & Conversation 9:00 	8:30 Coffee & Conversation 9:30 Word search, crosswords, art, cards	8:30 Coffee & Conversation 9:30 	8:30 Coffee & Conversation 9:30 

Activity Site Manager: Tia Alexander  
**Monday – Thursday: 8am – 2pm**  
**Friday: 8am – 1pm**  
 985-886-8971

COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.

Website: [www.coastseniors.org](http://www.coastseniors.org)

Phone: 985-892-0377

Lunch is served daily at 11:00 A.M  
 Lunch must be pre-registered the day before by 9:00.  
 Please see reverse side for other calendar information. →



## September Activities

Bingo is on Tuesdays & Pokeno on Thursday

**9/4** – Center Closed

**9/12** – Presentation W/ Nami

**9/19** – Tailgating Party @ 9:30

This is a pot luck, so please bring your favorite dish to share with others.