








# Pearl River Activity Center

Monday	Tuesday	Wednesday	Thursday	Friday
1 8:00 Coffee & Conversation <b>9:30</b> Bingocize W/ Valena	2 8:00 Coffee & Conversation <b>10:00</b> Live music W/ Dr. Peterson	3 8:00 Coffee & Conversation <b>9:30</b> Board Game Day!	4 <b>Center Closed for Client picnic</b>	5 8:00 Coffee & Conversation <b>9:30</b> Inspirational coloring & painting
8 8:00 Coffee & Conversation <b>9:30</b> Inspirational coloring & painting	9 8:00 Coffee & Conversation <b>9:30</b> Beanbag Baseball	10 8:00 Coffee & Conversation <b>9:30</b> Board Game Day!	11 8:00 Coffee & Conversation <b>9:00</b> 	12 8:00 Coffee & Conversation <b>9:30</b> Inspirational coloring & painting
15 8:00 Coffee & Conversation <b>9:30</b> Bingocize W/ Valena	16 8:00 Coffee & Conversation <b>9:30</b> Beanbag Baseball	17 8:00 Coffee & Conversation <b>9:30</b> Bingo W/ Fussell Group	18 8:00 Coffee & Conversation <b>9:30</b> Presentation & Bingo W/ CommCare 	19 8:00 Coffee & Conversation <b>12:00 – 2:30</b>  At the Slidell Activity Center
22 8:00 Coffee & Conversation <b>9:30</b> Spring Craft W/ Valena	23 8:00 Coffee & Conversation <b>10:00</b> Humana Q&A	24 8:00 Coffee & Conversation <b>9:30</b> Board Game Day!	25 8:00 Coffee & Conversation <b>9:00</b>  <b>10:00</b> Presentation W/ SMP	26 8:00 Coffee & Conversation <b>9:30</b> Inspirational coloring & painting
29 <b>Center Closed</b>	30 8:00 Coffee & Conversation <b>9:30</b> Beanbag Baseball	31 8:00 Coffee & Conversation <b>9:30</b> Board Game Day!		

**Activity Site Manager: Tina Adelfio**

**Monday, Wednesday - Friday 8am – 2pm**  
**Tuesday 8am – 1pm**  
985-863-2540

COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.

Website: [www.coastseniors.org](http://www.coastseniors.org)

Phone: 985-892-0377

**Lunch is served daily at 11:00 A.M**  
**Lunch must be pre-registered the day before by 9:00.**

**Bingo is only played on Thursday.**  
**Valena is here on Monday's.**

## **May Activities**

5/1 – Bingocize W/ Valena

5/2 – Live music W/ Dr. Peterson

5/4 – Client picnic @ John Slidell Park

5/15 – Bingocize W/ Valena

5/17 – Bingo W/ Fussell Group

5/18 – Presentation & bingo W/ CommCare

5/19 – Prom @ Slidell Activity Center 12 – 2:30

5/22 – Spring craft W/ Valena

5/23 – Humana Q&A

5/25 – Presentation W/ Senior Medicare Patrol