
CAREGIVER SUPPORT (NFCSP)

Provides support services to family members caring for the elderly in their home. Services include in-home respite care, sitter service, personal care, material aid (nutritional supplements, personal hygiene items and more), education and support groups.

Caregiver Support with Tailored Care

T-Care is an evidence-based program to support family caregivers who help manage the health and wellness of their loved ones. The program uses algorithms that analyze a caregiver's behavioral, emotional and social well-being to create a personalized stress management plan for each caregiver.



Participating in T-Care is simple. A family caregiver goes to the COAST website, www.coastseniors.org, and clicks on the T-Care Link: <https://sttammany.tailoredcare.com/>

After answering a five-minute questionnaire, a "risk for burnout" score is sent to Patrice Jenkins, Program Manager, to define goals and strategies for avoiding burnout. Engagement continues weekly to assess caregiver stress and depression. T-CARE stands alone in achieving research-validated success.

For more information on T-CARE, Call Patrice Jenkins at (985)-892-0377.



INFORMATION AND ASSISTANCE

Provides current information on opportunities and services available to older individuals within the community. Assistance is also provided to help individuals acquire the services they need.

EMERGENCY UTILITY ASSISTANCE

Provides assistance to seniors experiencing difficulty paying their utility bills. Certain criteria apply and assistance is available as funds become available.

MEDICAL ALERT

This service provides an Emergency Response System to homebound, frail individuals who live alone, are prone to falls and could be in danger of not being able to reach the phone in an emergency situation. Availability of this service is based on need and a small monthly charge may apply.

PERSONAL CARE

Provides personal assistance to persons with the inability to dress, bathe or groom independently.

HOME REPAIRS

Provides minor home repair service to seniors with no other options for having the work completed.

LEGAL ASSISTANCE

Provided through a contract with a legal service provider. Individuals 60 and above are provided with legal consultation and assistance on matters non-criminal in nature. Additionally, legal education is provided on a regular basis at the senior centers throughout the parish.



HOMEMAKER PROGRAM

Provides basic assistance with household chores and cleaning to persons who are homebound, frail, and unable to provide these services for themselves. This service is intended for elderly individuals with no other means of support.

CHORE PROGRAM

This program includes grass cutting, bush trimming and hedging for homebound frail seniors. This service is intended for elderly individuals with no other means of support.

INCOME TAX ASSISTANCE

During the tax season, trained AARP volunteers offer assistance to complete and file tax returns with the IRS. This service is provided at senior centers throughout the parish.

