August Madisonville Center



Monday	Tuesday	Wednesday	Thursday	Friday
W			9:00 Coffee and Conversations 10:30 – 11:15 Exercise	9:00 Coffee and Conversations 9:30 Games with Friends
9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Bingo with Senior Medicaid Patrol	9:00 Coffee and Conversations 10:30 – 11:15 Exercise	9:00 Tai Chi 10:00 Line Dancing 12:30 Painting with Ferris	9:00 Coffee and Conversations 10:30 – 11:15 Exercise	9:00 Coffee and Conversations 9:30 Games with Friends
9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Bingo	9:00 Coffee and Conversations 10:30 – 11:15 Exercise	9:00 Tai Chi 10:00 Line Dancing	9:00 Coffee and Conversations 10:30 – 11:15 Exercise	9:00 Coffee and Conversations 9:30 Games with Friends
9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Bingo with St Joseph Hospice	9:00 Coffee and Conversations 10:30 – 11:15 Exercise	9:00 Tai Chi 9:30 Mobile Library 10:00 Line Dancing 12:30 Painting with Ferris	9:00 Coffee and Conversations 10:30 – 11:15 Exercise	9:00 Coffee and Conversations 9:30 Games with Friends
9:00 Coffee and Conversations 9:30 Games with Friends 10:00 Bingo	9:00 Coffee and Conversations 10:30 – 11:15 Exercise	9:00 27 Tai Chi 9:30 Mobile Library 10:00 Line Dancing	9:00 Coffee and Conversations 10:30 – 11:15 Exercise	9:00 Coffee and Conversations 9:30 Games with Friends

Activity Center Manager: Jackie

Monday – Thursday 8am-2pm Friday 8am – 1pm
985-323-6055

403 St. Francis St | Madisonville



COAST strives to provide St. Tammany Parish seniors with services designed to maintain and enhance their quality of life, wellbeing, independence, and involvement in the community.

www.coastseniors.org

985-892-0377